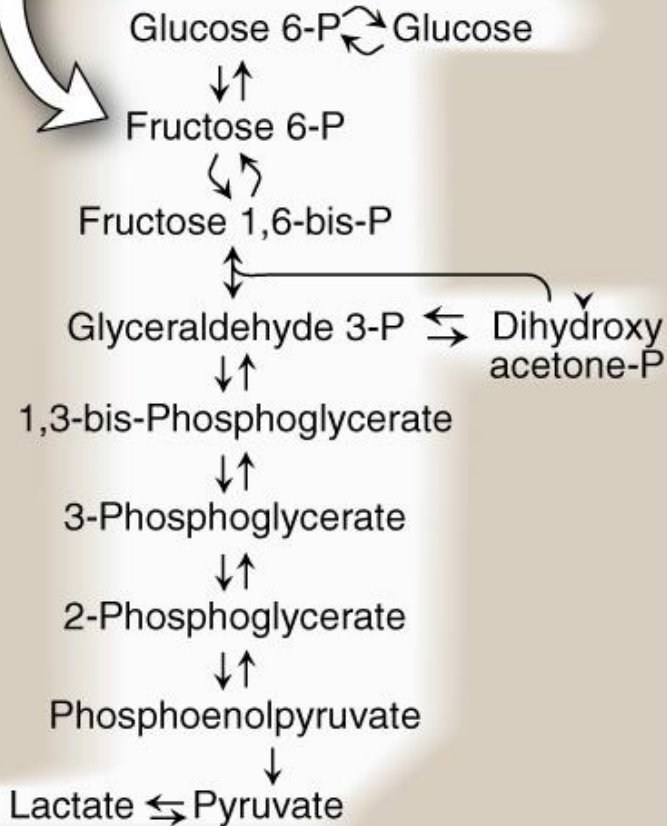


**Figure 8.2**

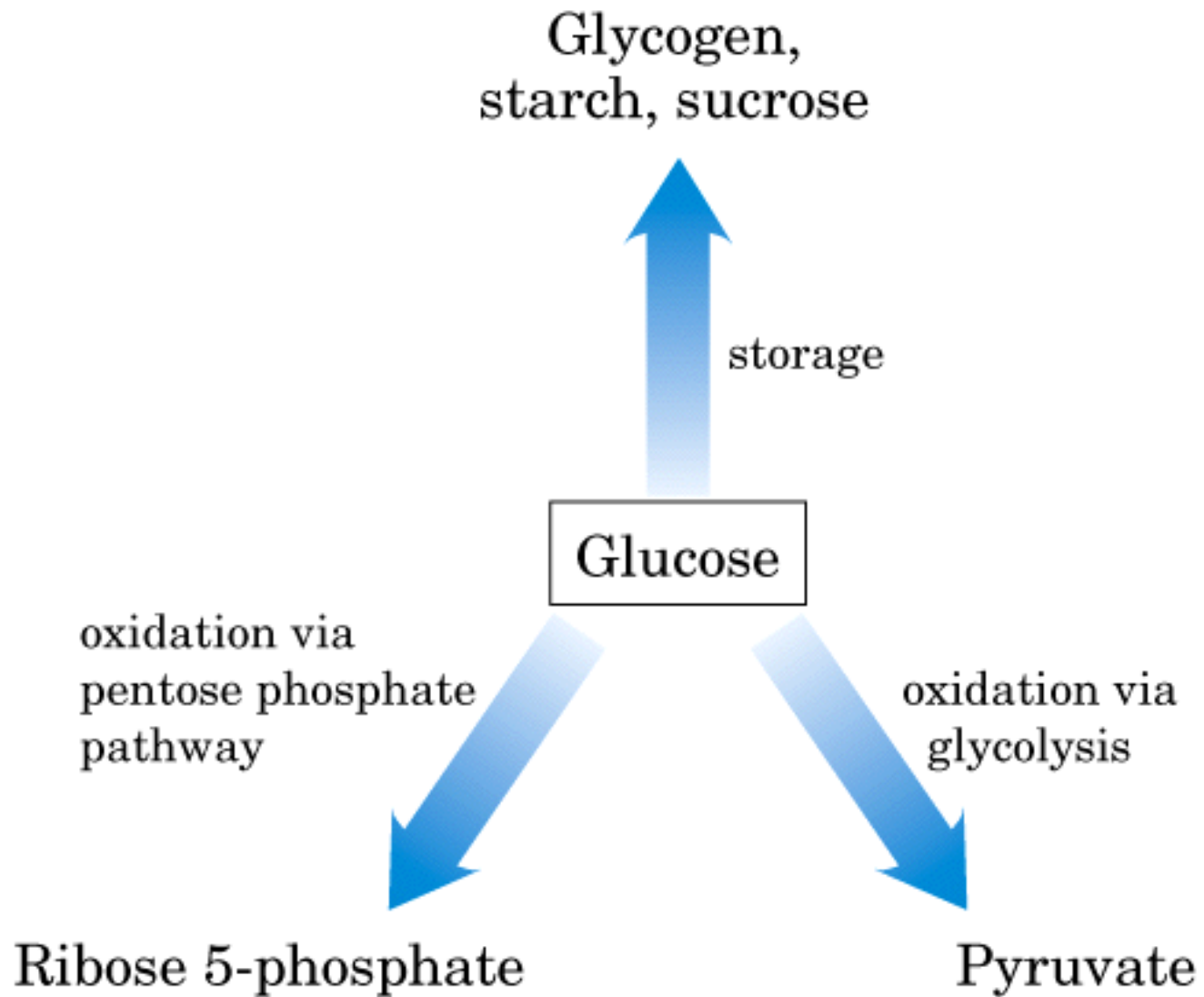
Important reactions of intermediary metabolism. Several important pathways to be discussed in later chapters are highlighted. Curved reaction arrows ( $\curvearrowright$ ) indicate forward and reverse reactions that are catalyzed by different enzymes. The straight arrows ( $\rightleftharpoons$ ) indicate forward and reverse reactions that are catalyzed by the same enzyme. Key: Blue text = intermediates of carbohydrate metabolism; brown text = intermediates of lipid metabolism; green text = intermediates of protein metabolism.

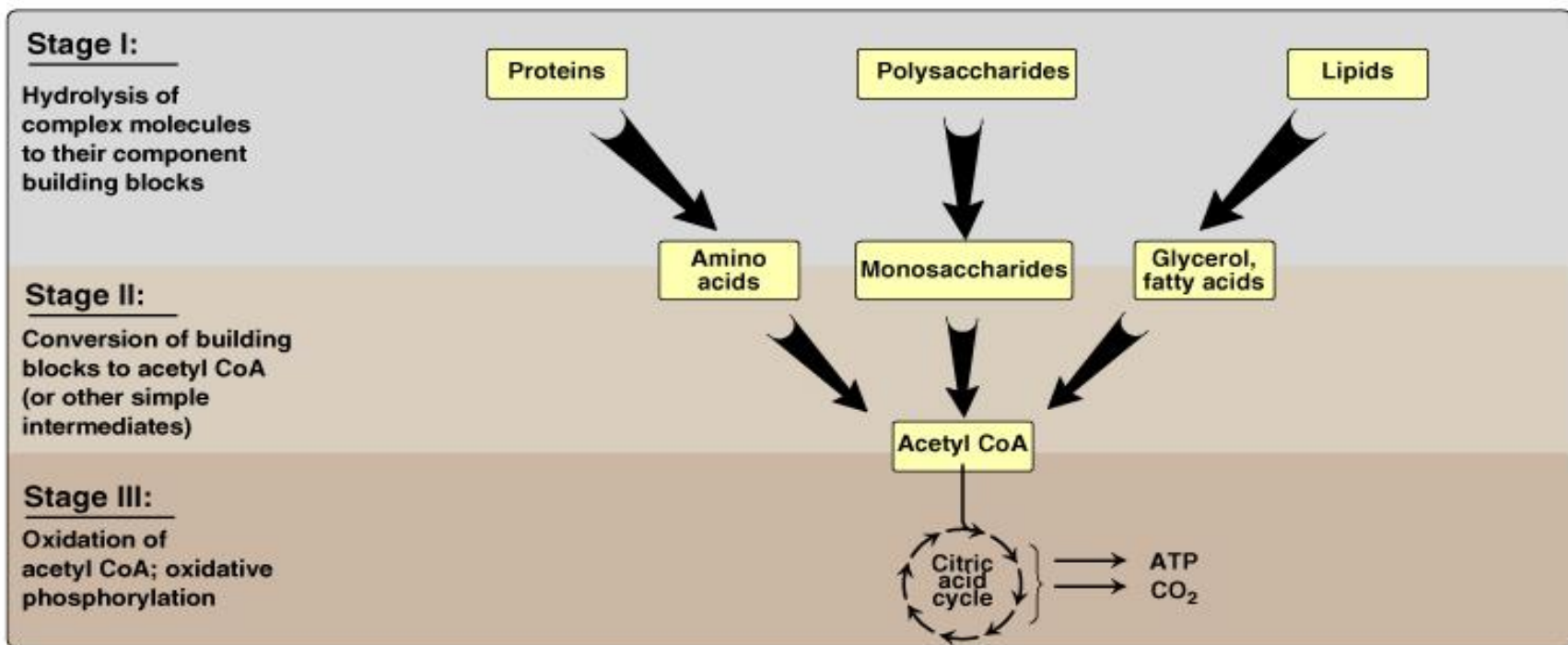
The product of one reaction is the substrate of the subsequent reaction.



**Figure 8.1**

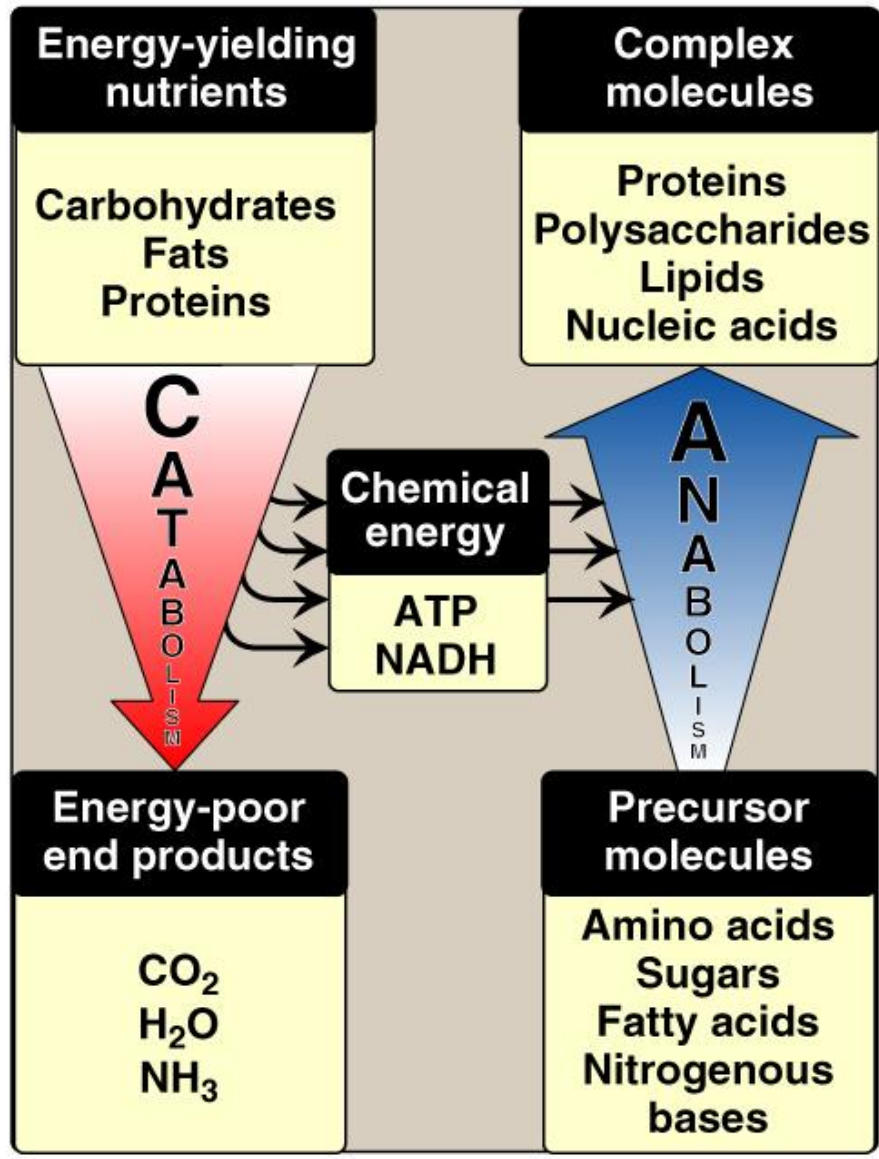
Glycolysis, an example of a metabolic pathway.





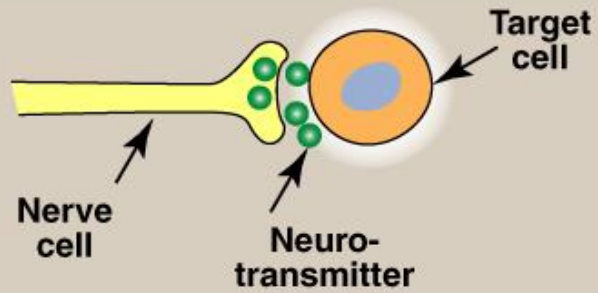
**Figure 8.3**  
Three stages of catabolism.

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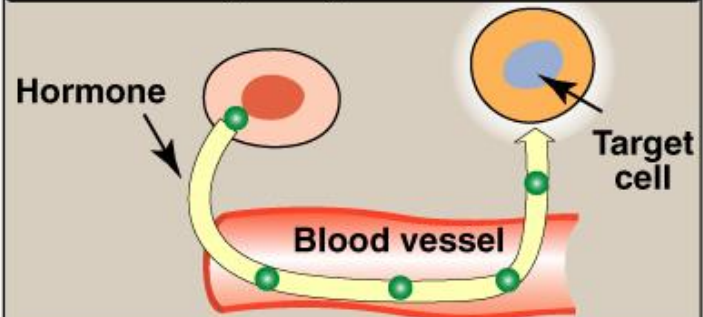


**Figure 8.4**  
Comparison of catabolic and anabolic pathways.

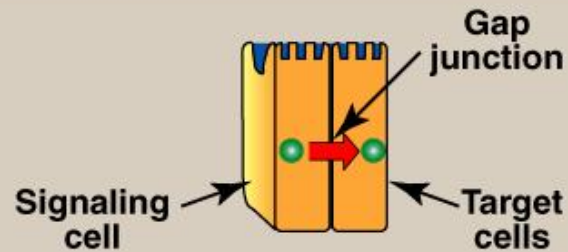
### Synaptic signaling



### Endocrine signaling



### Direct contact



**Figure 8.5**

Some commonly used mechanisms for transmission of regulatory signals between cells.

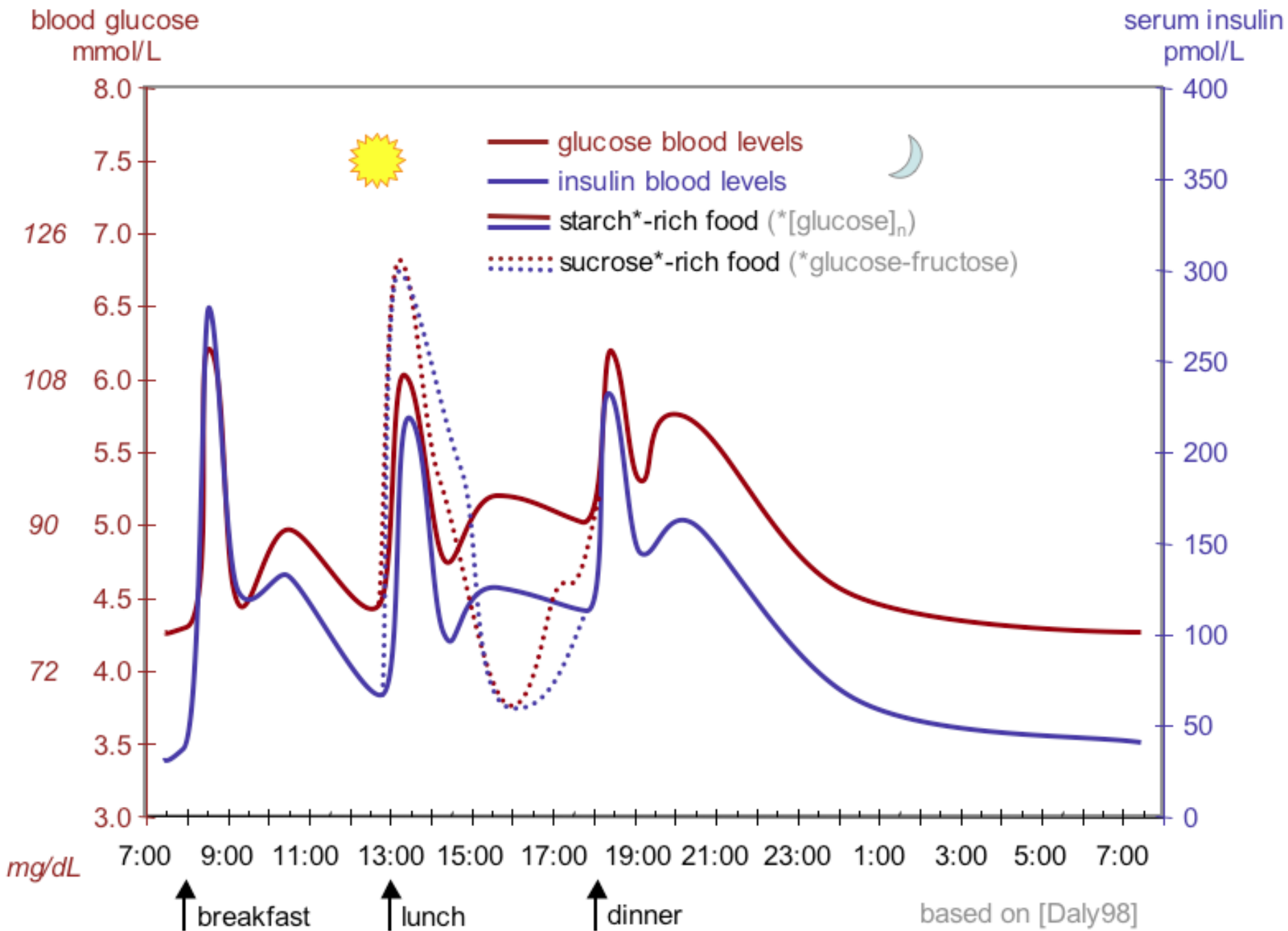


What are the levels of glucose in saliva? Is there any correlation between saliva glucose and blood glucose? How can we use saliva glucose levels for health prevention?

Over 80 million Americans and 300 million individuals worldwide are estimated to have diabetes or prediabetes. Already an epidemic, this number is expected to double by 2030 [according to the CDC](#).

To function, your brain cells need two times more fuel than other cells in your body. This is why eating the recommended amount of carbohydrates daily is so important

Thinking and memory drain glucose from the brain at a higher rate than any other brain functions.

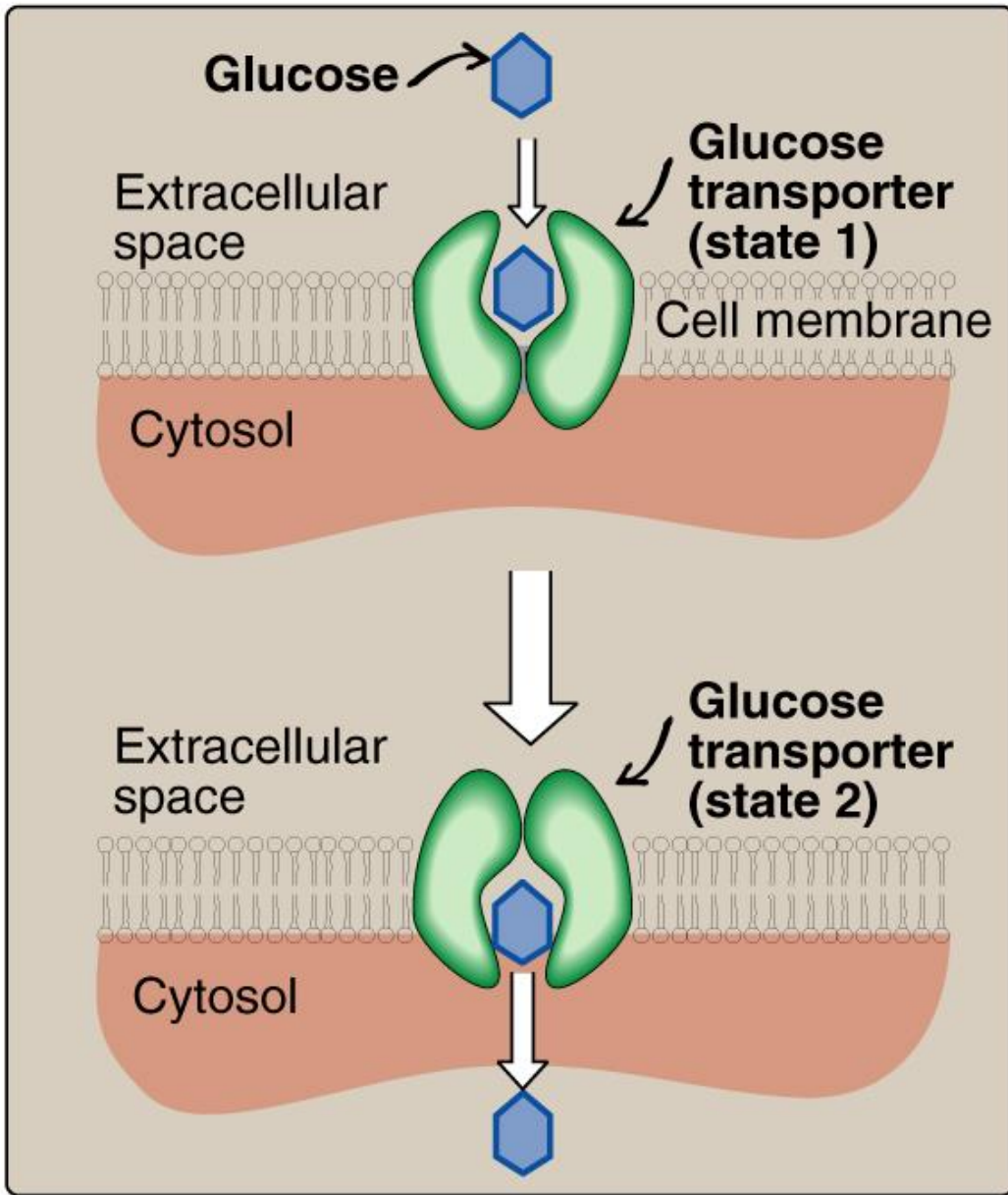




The mean normal blood glucose level in humans is about 5.5 mM (5.5 mmol/L or 100 mg/dL); this level fluctuates throughout the day. Glucose levels are lowest in the morning, (termed "the fasting level"), and rise after meals for an hour or two by a few millimolar. The normal blood glucose level (tested while fasting) for non-diabetics, should be between 70 and 100 mg/dL). Blood sugar levels for those without diabetes and who are not fasting should be below 125 mg/dL. The blood glucose target range for diabetics, according to the American Diabetes Association, should be 70–130 (mg/dL) before meals, and less than 160 mg/dL after meals.

A persistently high level is referred to as hyperglycemia; low levels are referred to as hypoglycemia. Diabetes mellitus is characterized by persistent hyperglycemia from any of several causes, and is the most prominent disease related to failure of blood sugar regulation. Intake of alcohol causes an initial surge in blood sugar, and later tends to cause levels to fall.

The average levels of glucose in saliva is around 0.0017 mmol/l in the normal population and about 0.022 mmol/l in diabetes patients. The global prevalence of diabetes is around 6.4% in adult population. We expect around 438 million people with diabetes for the year 2030.



**Figure 8.10**

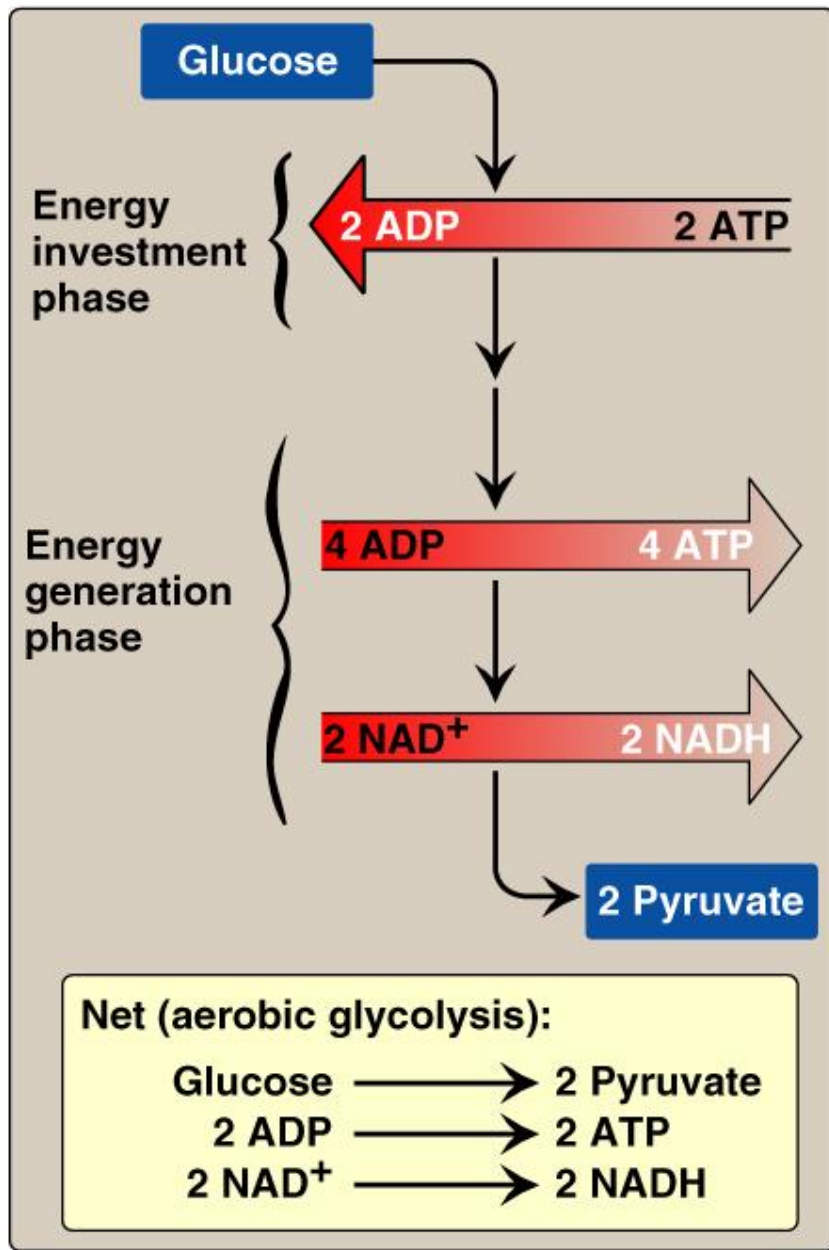
Schematic representation of the facilitated transport of glucose through a cell membrane.

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Glucose can not diffuse directly into cell, there are two mechanisms. **Facilitated transport** (glucose transporters GLUT1-5) Tissue specific GLUT 4 (abundant in adipose tissue and skeletal muscle) insulin regulated. Gradient dependent. GLUT 1,3&4 uptake from blood

**Cotransport** carrier mediated concentration gradient with  $\text{Na}^+$  monosaccharide (occurs in epithelial cells of the intestine, renal tubes.

GLUT1-14 isoforms

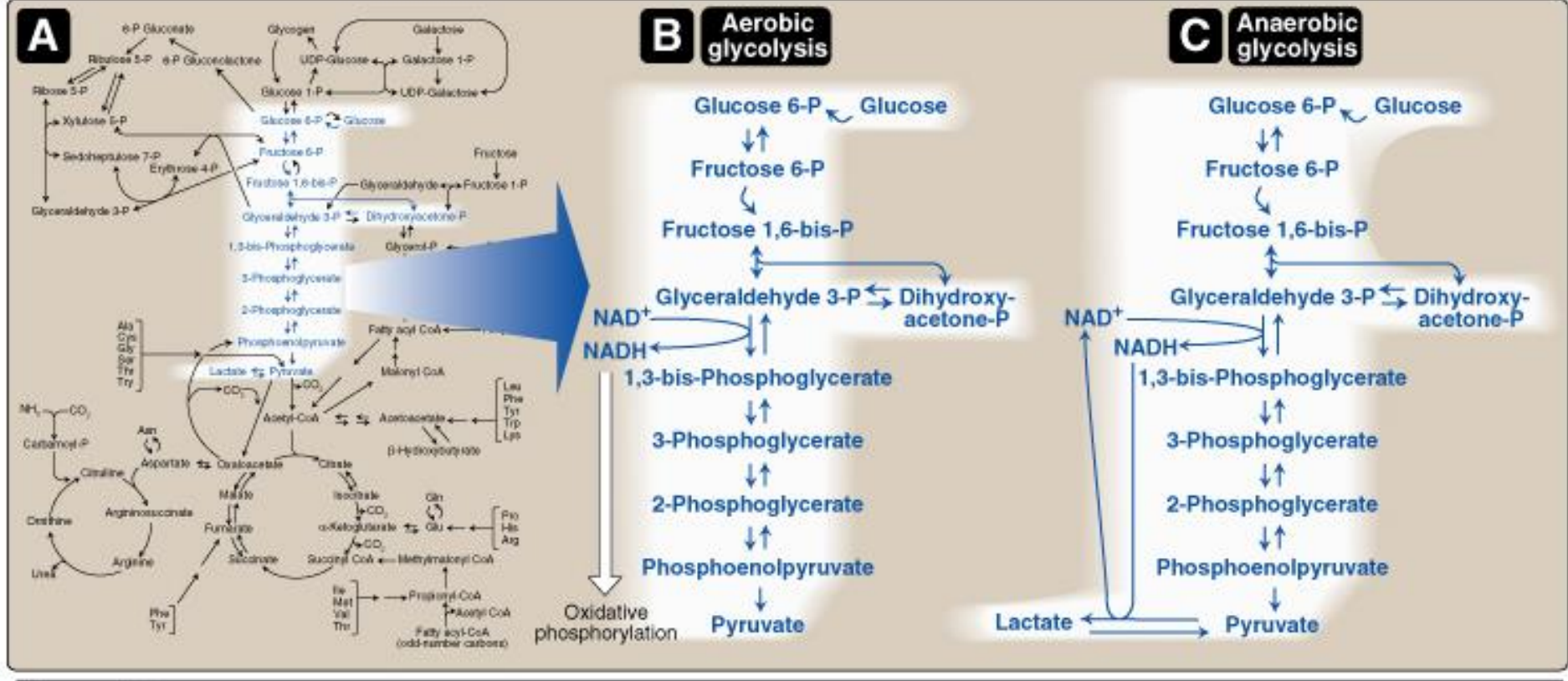


**Figure 8.11**  
Two phases of aerobic glycolysis.

GLUT1 erythrocytes, brain  
 GLUT2 liver, kidney, B cells  
 Transports from cell to blood  
 GLUT3 in neurons  
 GLUT4 adipose skeletal muscle  
 GLUT5 transporter fructose,  
 small intestine and testes

Glycolysis occurs in two stages. First five reactions are energy investment. Formation of fructose at the expense of ATP. Stage 2 is an energy generation stage net of 2 ATP and 2NADH.



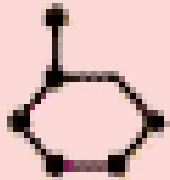


**Figure 8.9**  
 A. Glycolysis shown as one of the essential pathways of energy metabolism. B. Reactions of aerobic glycolysis. C. Reactions of anaerobic glycolysis.

Glycolysis employed by all tissues, breakdown of Glucose to provide energy. Pyruvate is the end product in cells with mitochondria and a adequate supply of Oxygen. There are ten reactions in aerobic glycolysis because O<sub>2</sub> is required to re-oxidize NADH formed during oxidation of glyceraldehyde 3-P. In anaerobic glycolysis NADH reduces pyruvate to form lactate (there is no net formation of NADH) and therefore can occur in the absence of O<sub>2</sub> (red blood cells). Irreversible rxs (three)

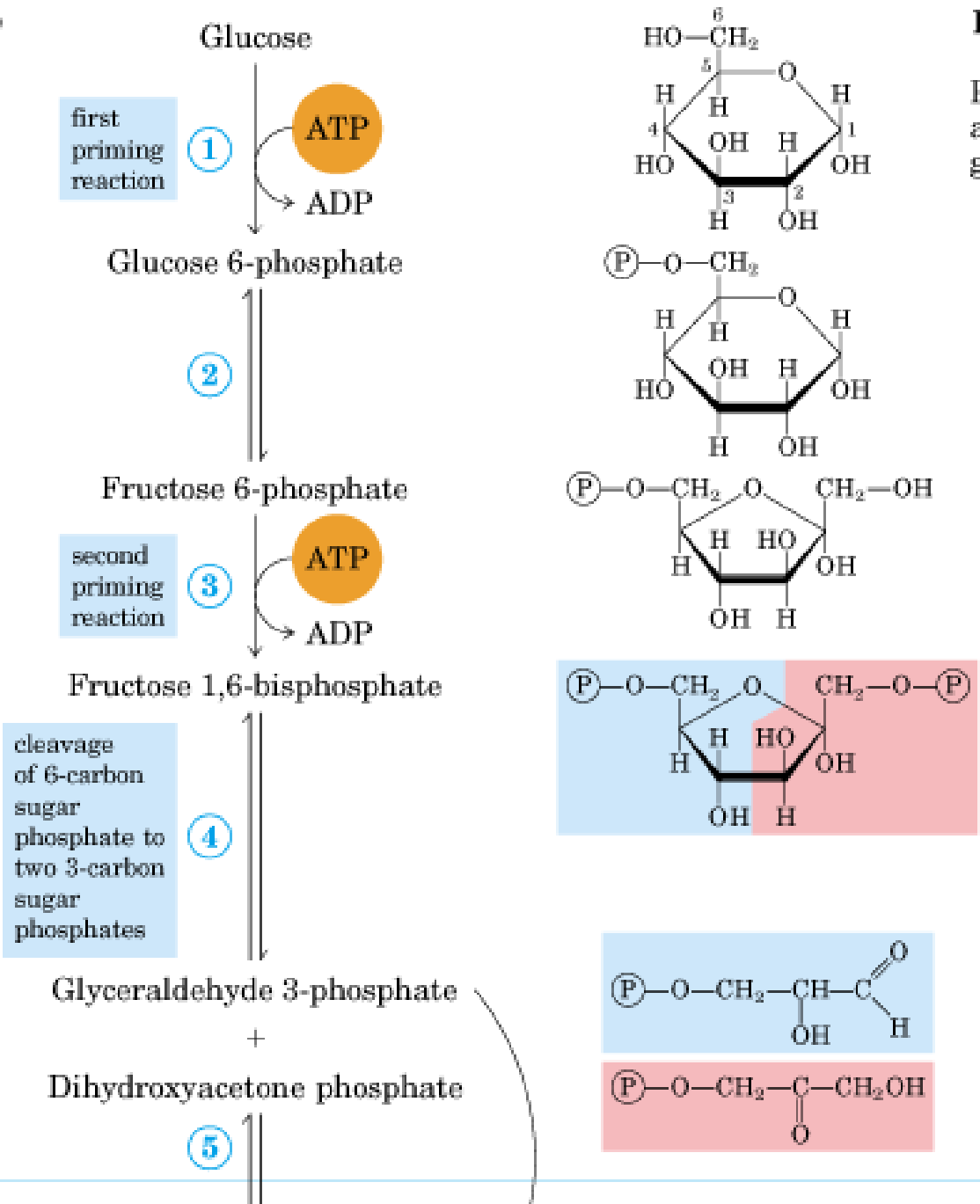
# GLYCOLYSIS

Mostly endergonic reactions



**Glucose**  
(6 carbons)

(a)



### Preparatory phase

Phosphorylation of glucose and its conversion to glyceraldehyde 3-phosphate

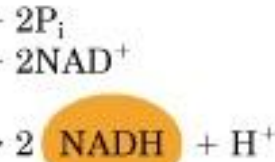


(b)

Glyceraldehyde 3-phosphate (2)

oxidation and phosphorylation

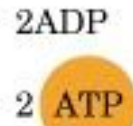
6



1,3-Bisphosphoglycerate (2)

first ATP-forming reaction (substrate-level phosphorylation)

7



3-Phosphoglycerate (2)

8

2-Phosphoglycerate (2)

9



Phosphoenolpyruvate (2)

second ATP-forming reaction (substrate-level phosphorylation)

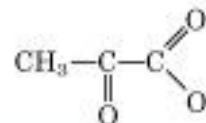
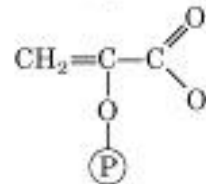
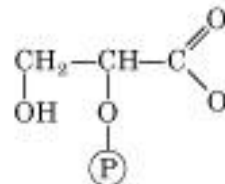
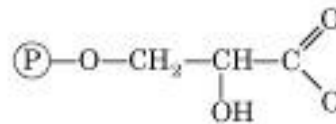
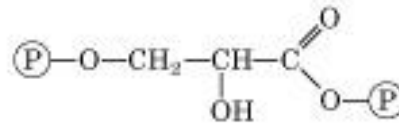
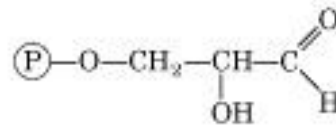
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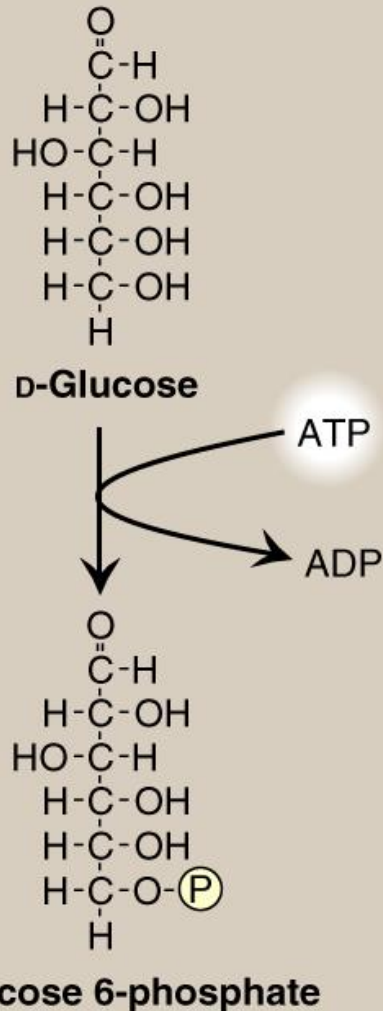


Pyruvate (2)

### Payoff phase

Oxidative conversion of glyceraldehyde 3-phosphate to pyruvate and the coupled formation of ATP and NADH





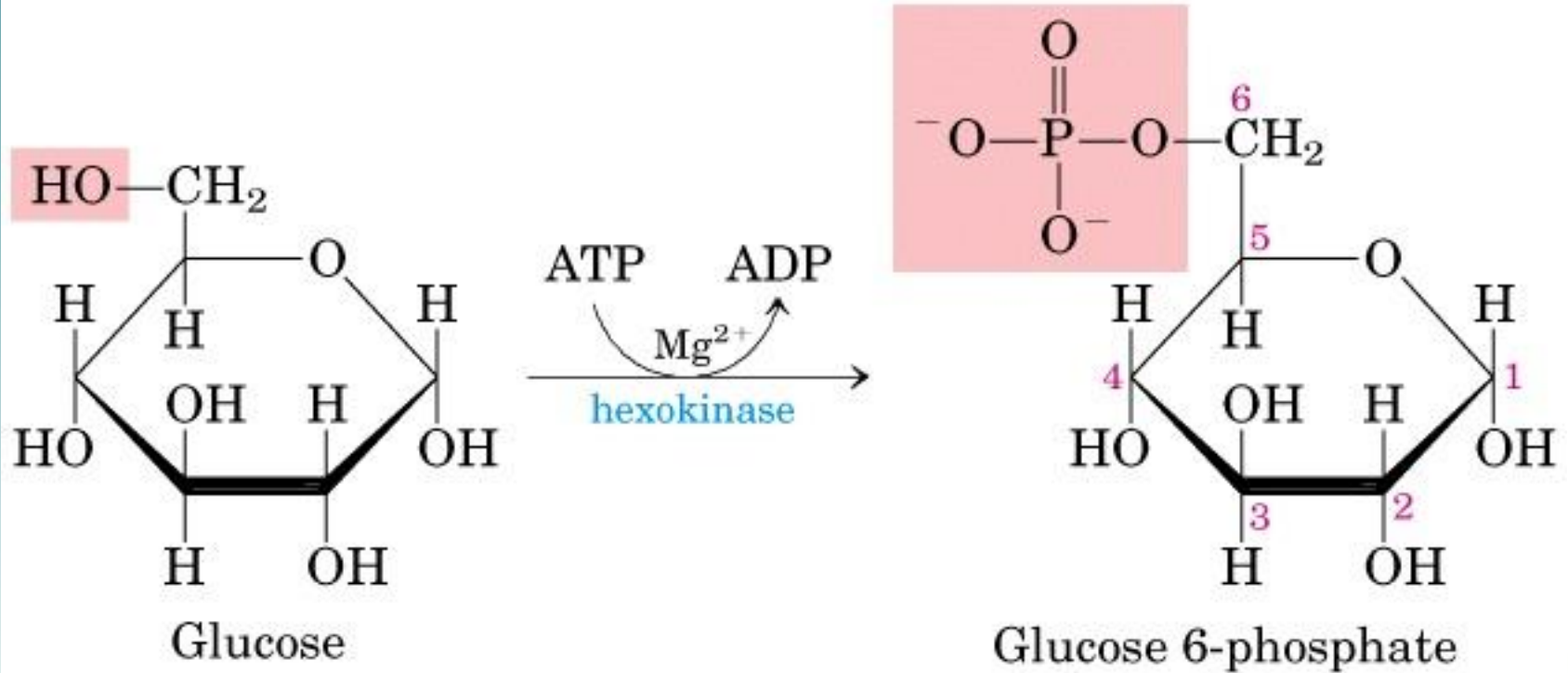
**Figure 8.12**  
Energy investment phase: phosphorylation of glucose.

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Irreversible **phosphorylation** reaction. Glucose 6-P does not diffuse out of cell. Commits glucose to further metabolism. **Hexokinase** catalyze phosphorylation of Glucose. Occurs in most tissues and is one of the three regulatory enzymes (**pyruvate kinase and phosphofruktokinase (PFK1)**). Inhibited by reaction product, glucose 6-P.

Glucokinase: In liver and  $\beta$  cells in the pancreas. Requires higher glucose concentrations for half saturation. Active during carbohydrate rich meal minimizing hyperglycemia during absorptive periods. Increased by carbohydrates and Insulin. Not inhibited by Glucose 6-P.

# First irreversible reaction



$$\Delta G'^{\circ} = -16.7 \text{ kJ/mol}$$

Phosphorylated on C-6, first ATP consumed

**TABLE 7.1: PROPERTIES OF HEXOKINASE AND GLUCOKINASE**

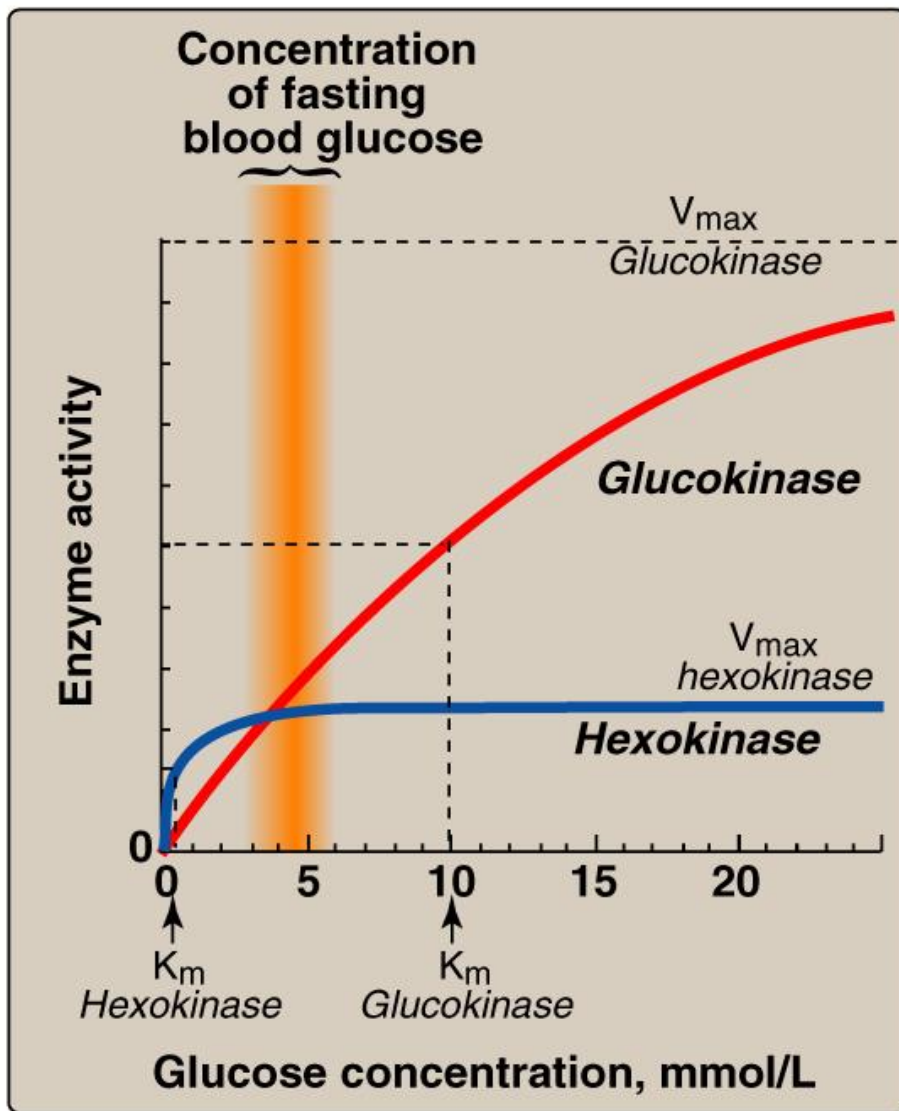
	<i>Hexokinase</i>	<i>Glucokinase</i>
Tissue distribution:	Most tissues	Liver and $\beta$ -cells
$K_m$	Low (0.1 mmol/L = 2 mg%*)	High** (10 mmol/L = 200 mg%*)
$V_m$	Low	High
Inhibition by glucose 6-phosphate	Yes	No

\*mg% = milligrams glucose per 100 mL plasma; normal fasting blood glucose is 70–90 mg% or about 5 mmol/L.

\*\* The velocity of *glucokinase* shows a sigmoid dependence on glucose concentration and thus the term “half-saturation”, rather than  $K_m$ , should be used in describing this enzyme.

Low  $K_m$  = High affinity

High  $V_m$  = can phosphorylate large quantities of glucose.

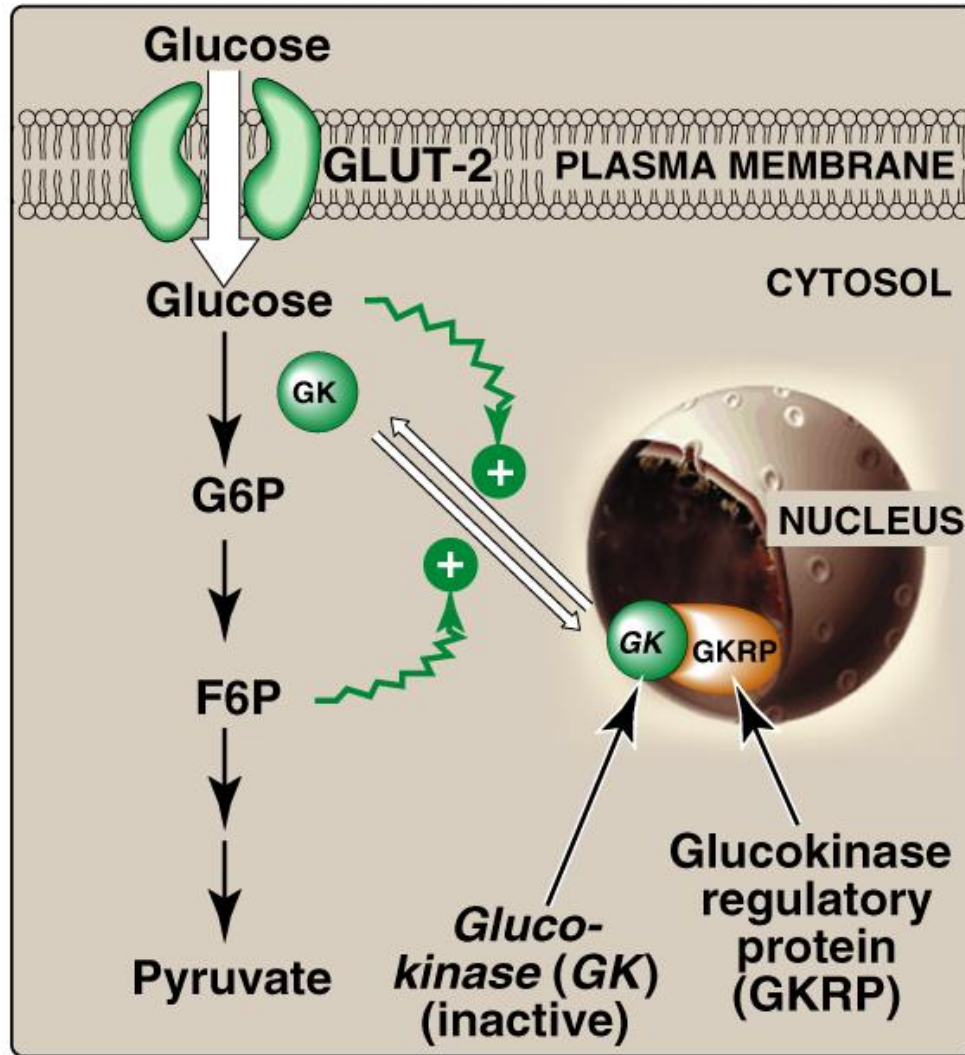


**Figure 8.13**

Effect of glucose concentration on the rate of phosphorylation catalyzed by hexokinase and glucokinase.

Hexokinase are more efficient at low substrate conc while Glucokinase are more efficient at high substrate conc. Glucokinase are also known as hexokinase D it works like a glucose sensor for insulin release. Liver removes most glucose preventing it to enter the systemic circulation minimizing hyperglycemia. This enzyme is regulated by fructose 6-P and glucose.



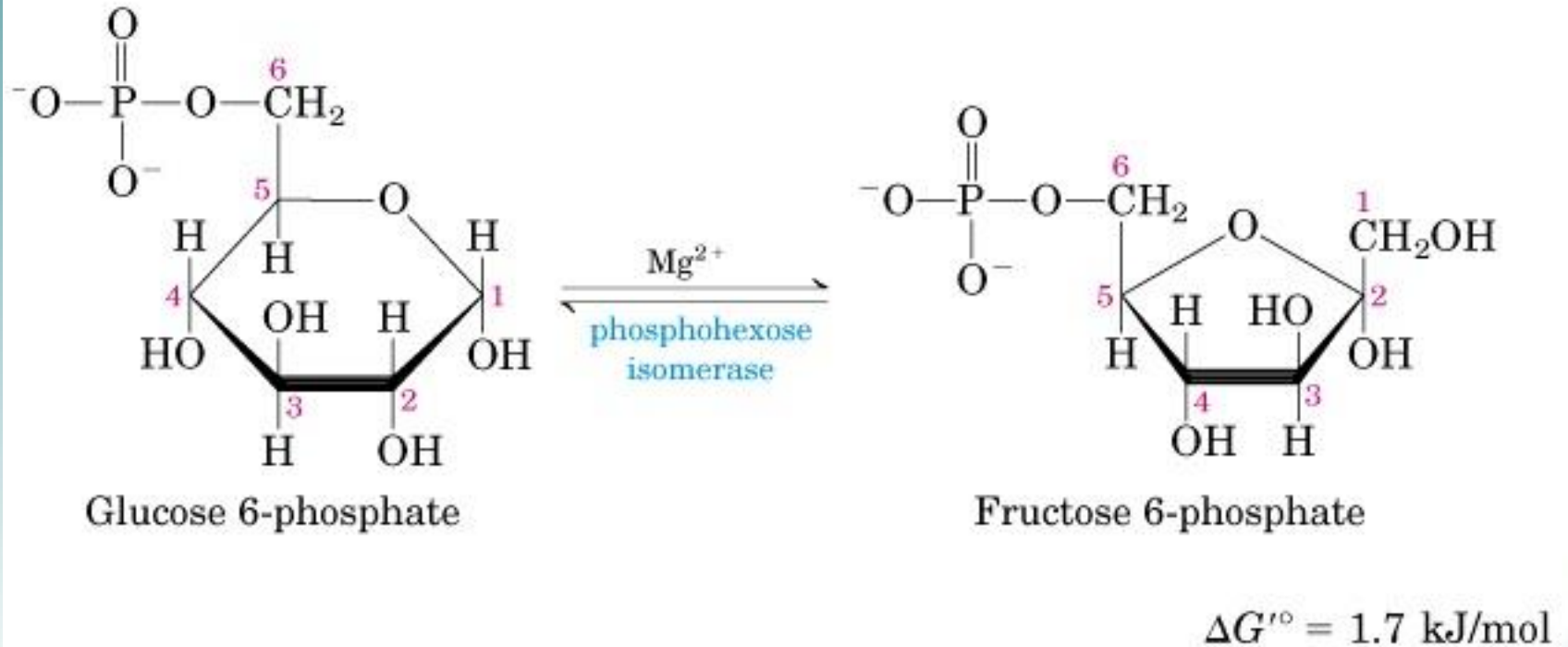


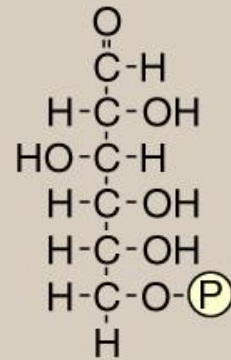
**Figure 8.14**

Regulation of *glucokinase* activity by glucokinase regulatory protein.




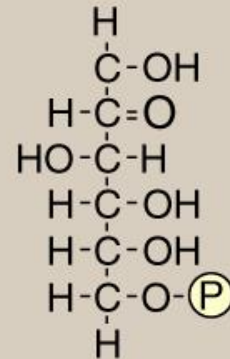
## Second reaction





**Glucose 6-phosphate**

*Phosphoglucose  
isomerase*

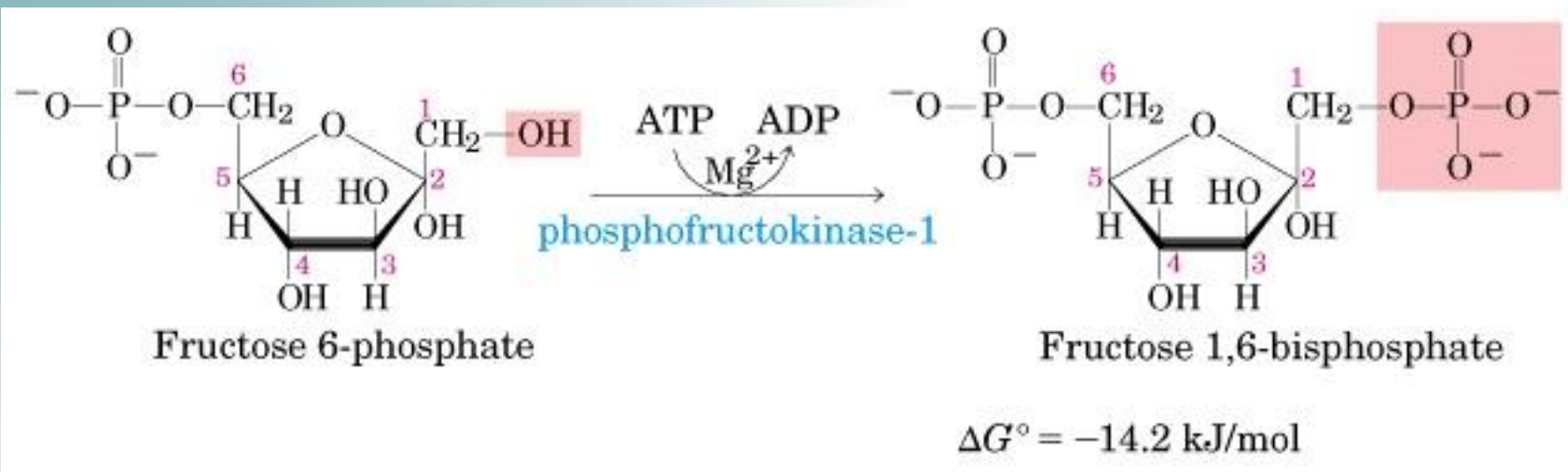



**Fructose 6-phosphate**

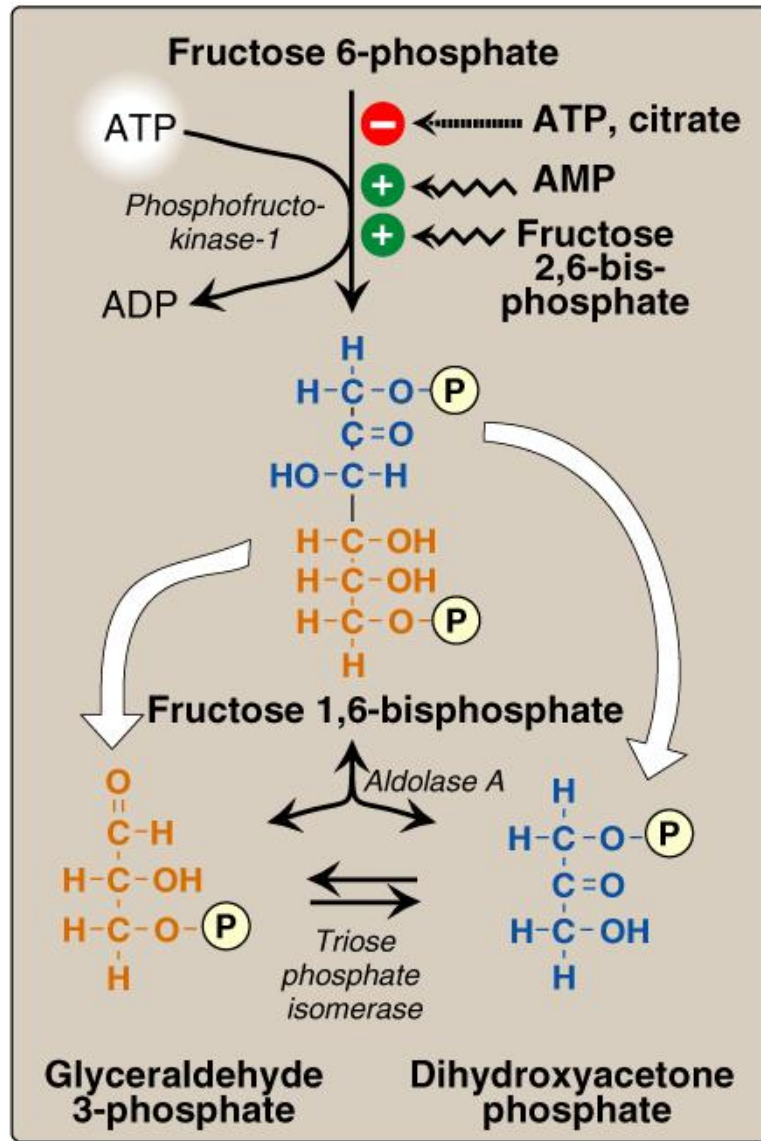
**Figure 8.15**

Isomerization of glucose 6-phosphate to fructose 6-phosphate.

## Third Reaction (second irreversible, rate limiting)



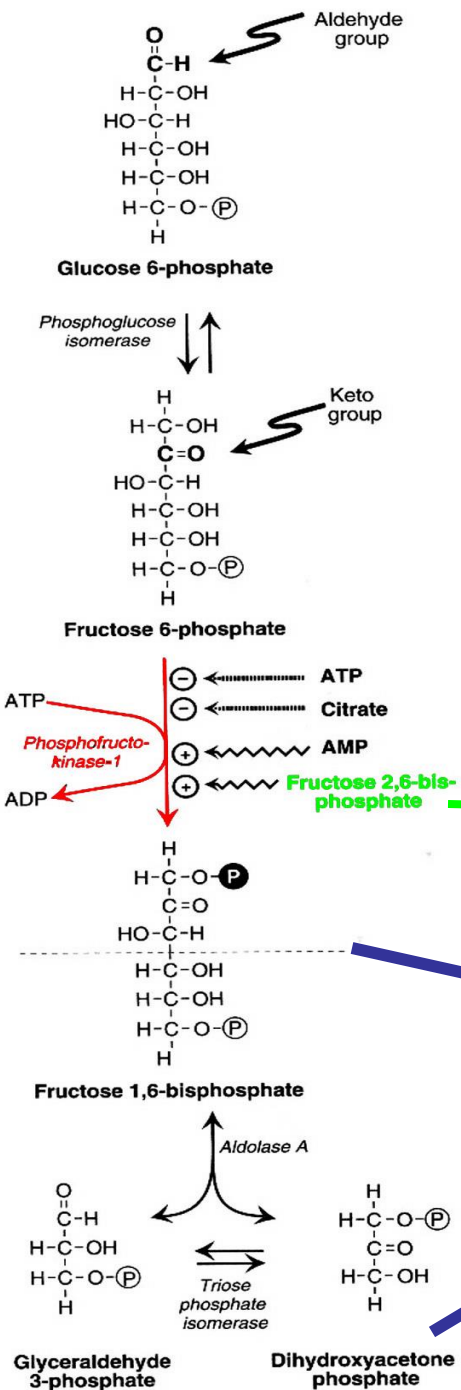
Phosphorylated on C-1, consumes ATP



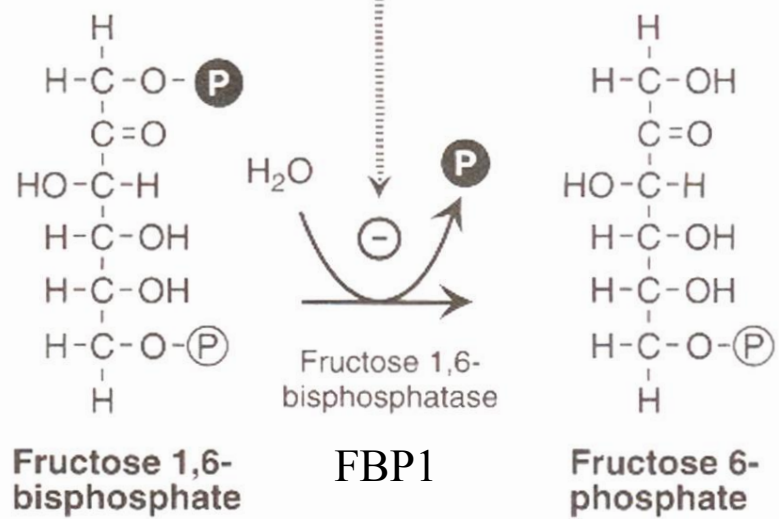
**Figure 8.16**

Energy investment phase (continued): Conversion of fructose 6-phosphate to triose phosphates.

The irreversible **phosphorylation reaction catalyzed by phosphofructokinase 1 (PFK-1)** is the most important control point in glycolysis (rate limiting step). Controlled by the concentrations of ATP and fructose 6-P. Abundance of energy +ATP and citrate inhibit PFK-1. Induced by +AMP. The most potent activator of PFK-1 is fructose 2,6-bisphosphate which also inhibits fructose 1,6 biphosphatase (dephosphorylation, page 101) ensuring that **both pathways** are not active at the same time.



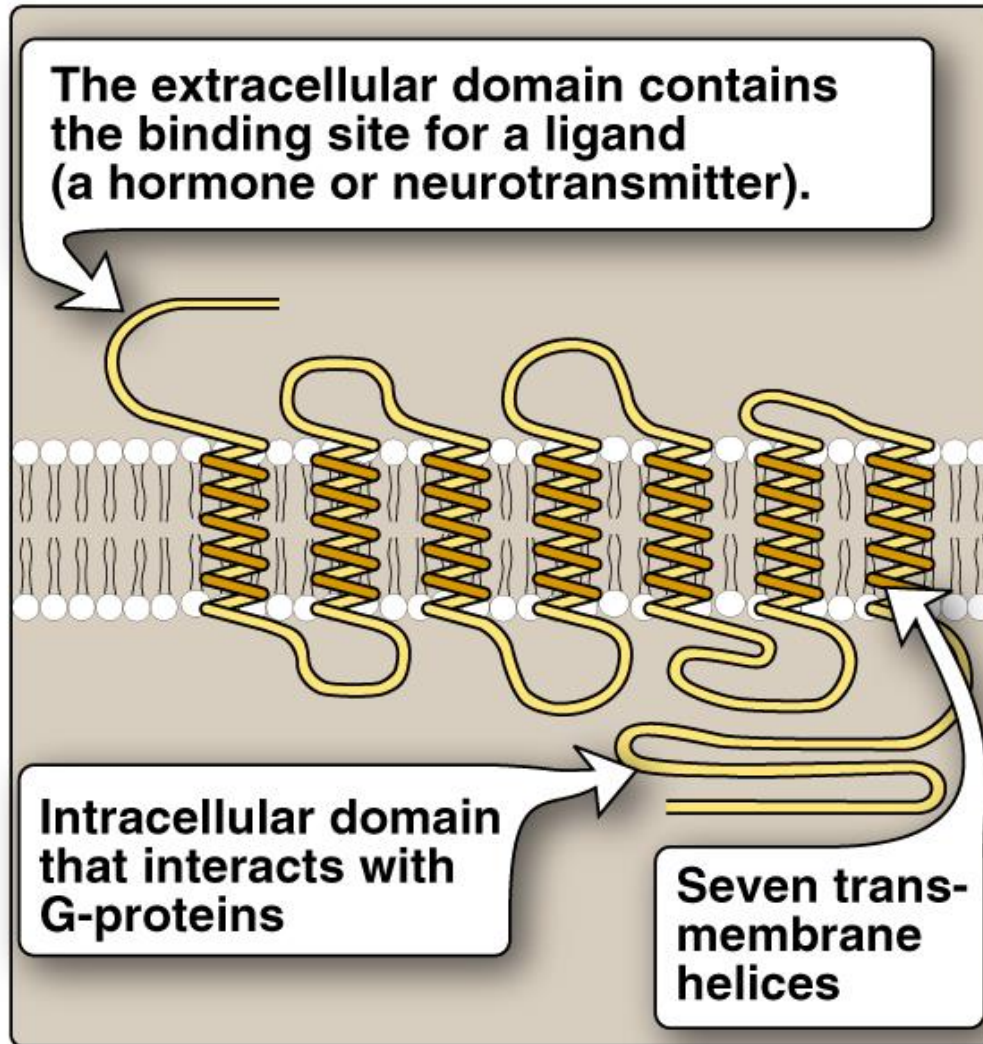
**Fructose 2,6-bisphosphate** **Gluconeogenesis**



# Enzymes and receptors

Importance in metabolism

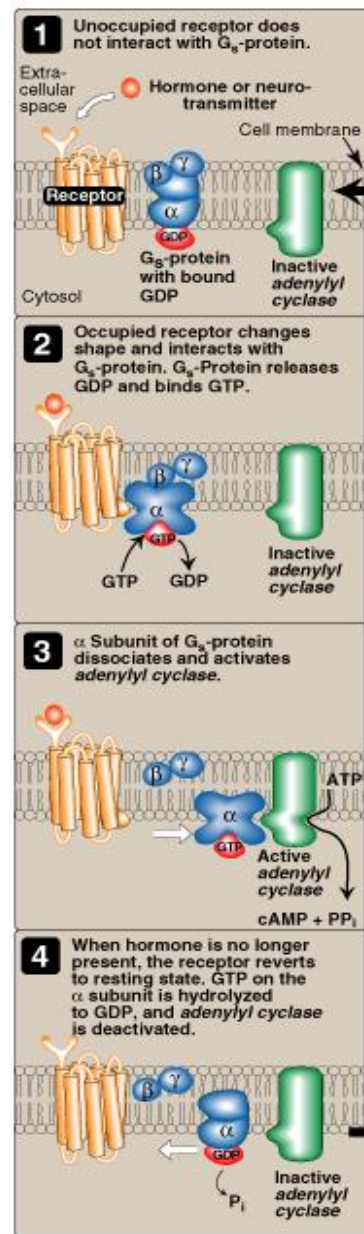




**Figure 8.6**  
Structure of a typical membrane receptor.

G proteins, trimeric  
Gs and Gi

They have inherent  
GTPase activity  
causing rapid  
hydrolysis of GTP to  
GDP



cAMP-dependent  
protein kinase A  
see next slide

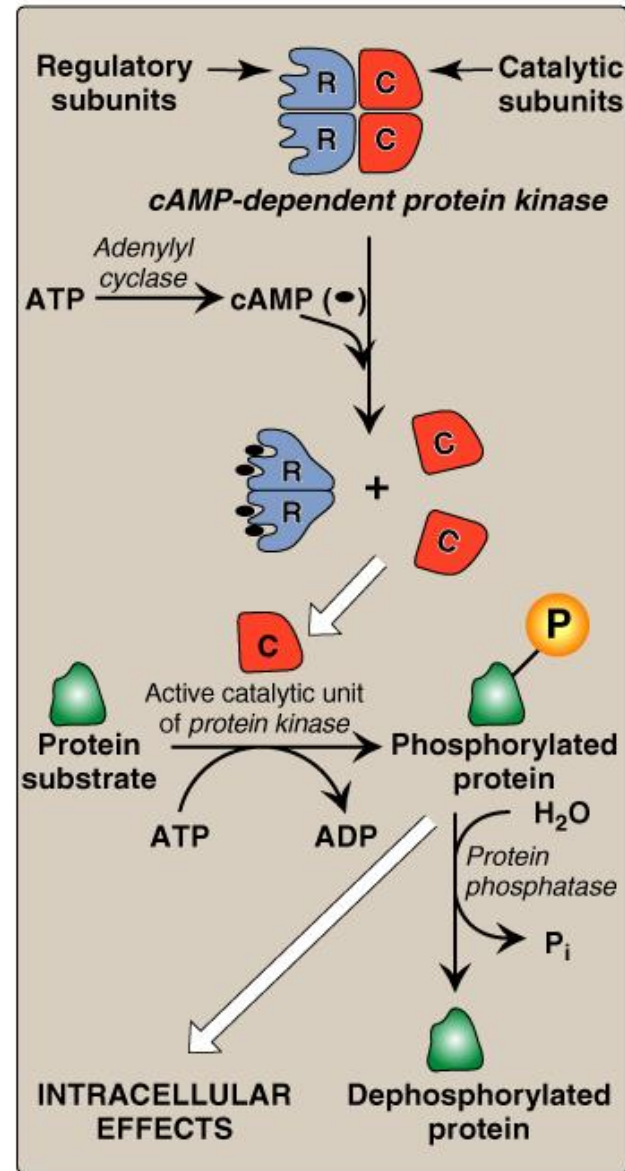
**Figure 8.7**

The recognition of chemical signals by certain membrane receptors triggers an increase (or, less often, a decrease) in the activity of adenylyl cyclase.

Low levels of blood Glucose → High levels of Glucagon

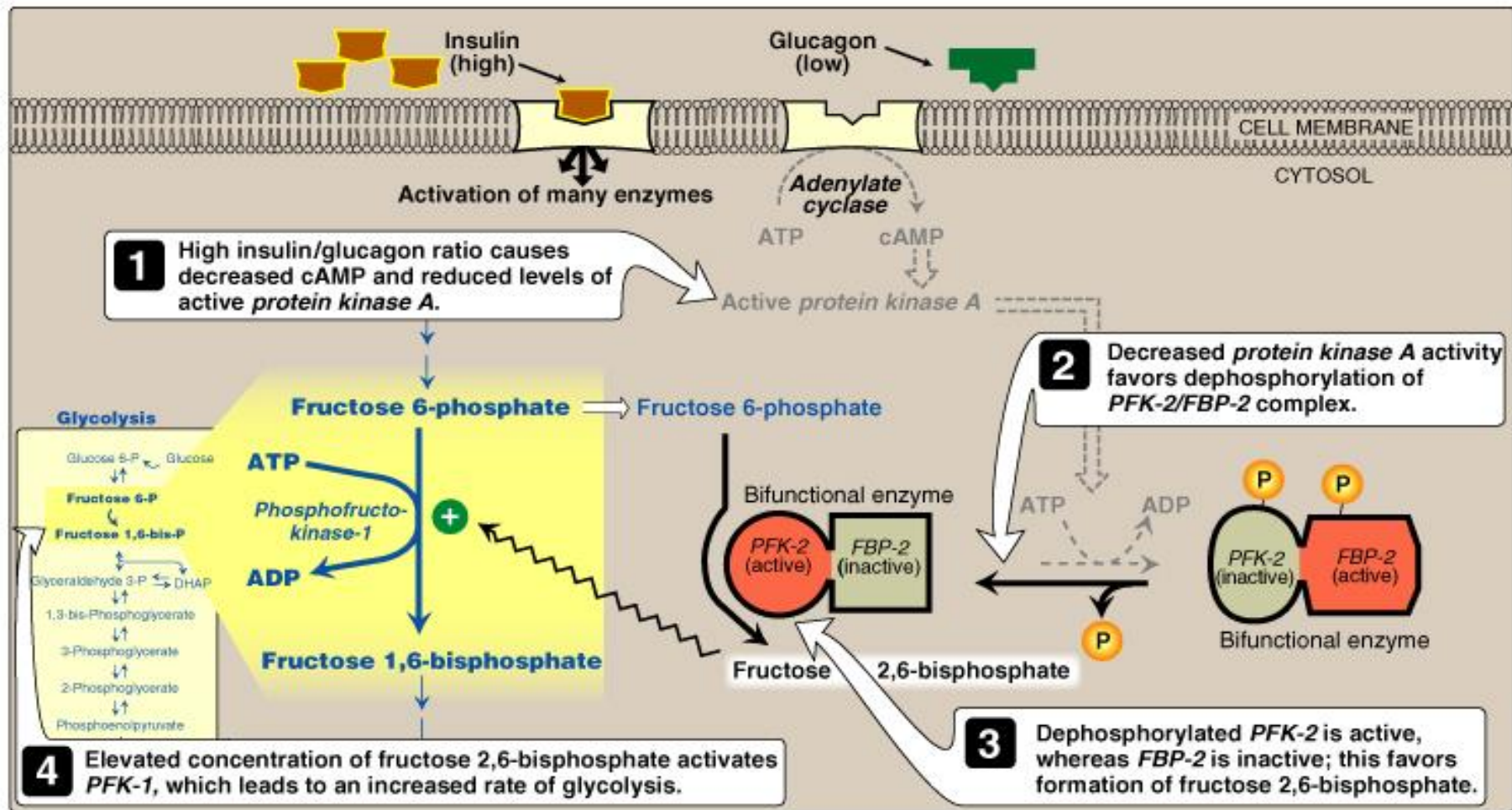
Protein kinase C not dependent on cAMP

Gluconeogenesis



Inhibition  
Pyruvate  
Kinase  
PFK2  
(+) FBP-2

Figure 8.8  
Actions of cAMP.

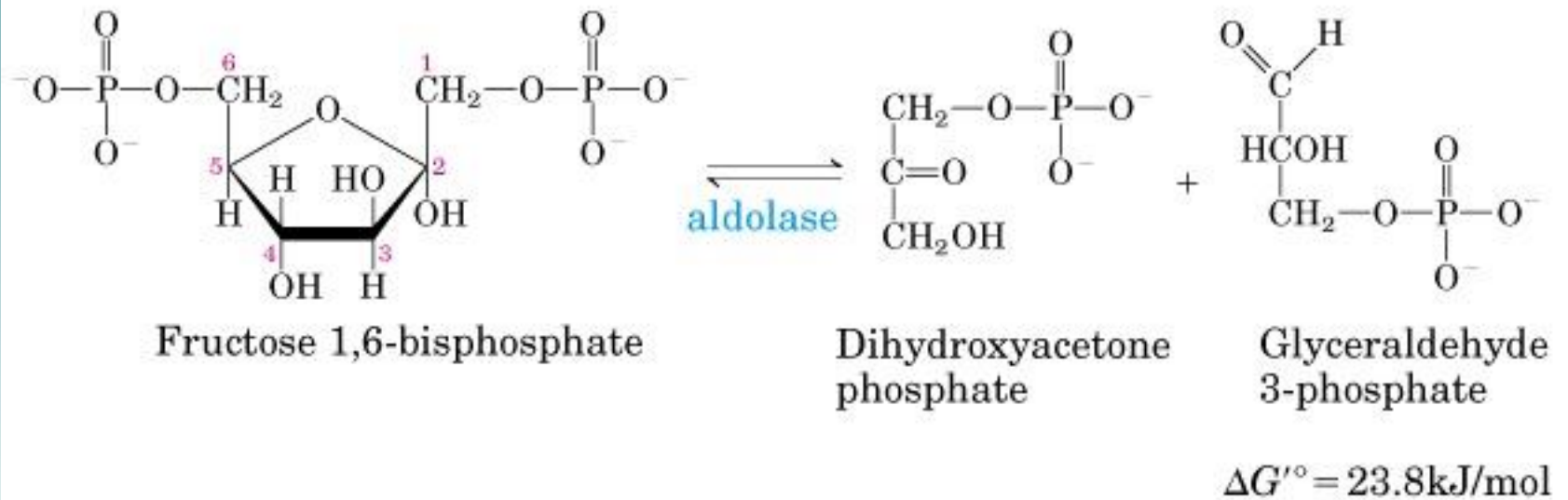


**Figure 8.17**

Effect of elevated insulin concentration on the intracellular concentration of fructose 2,6-bisphosphate in liver. *PFK-2* = *phosphofructokinase-2*; *FBP-2* = *Fructose bisposphate phosphatase-2*.



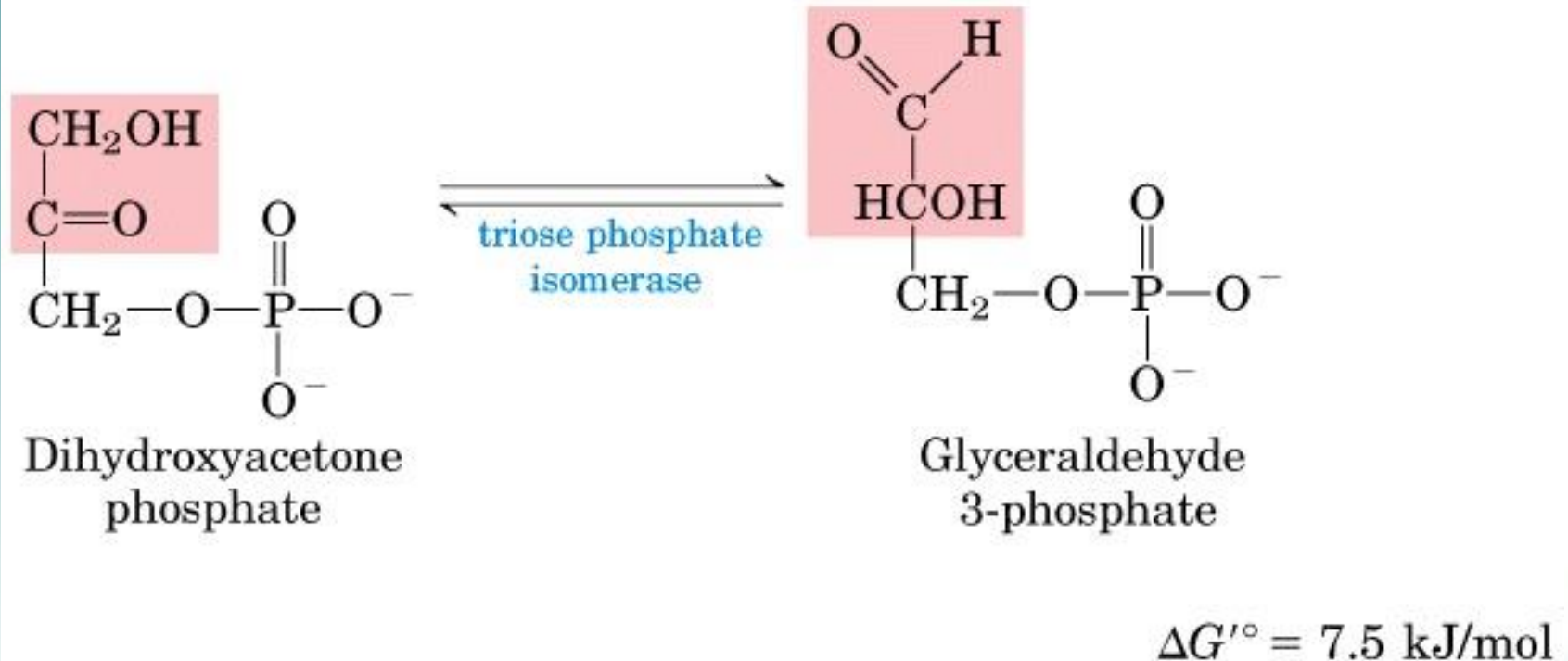
## Fourth and Fifth reactions



Gives this pathway its name lysis

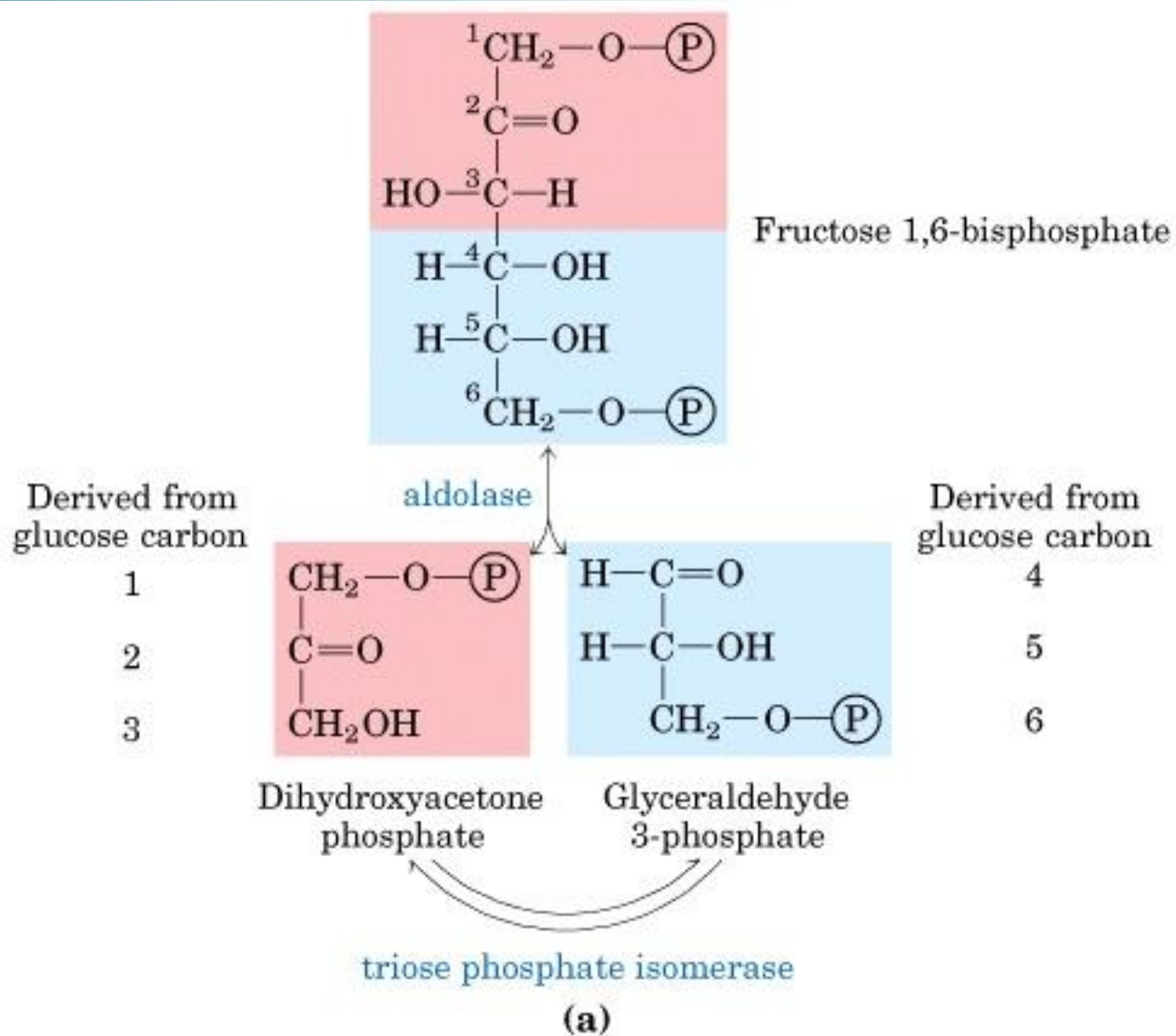
Endergonic phase

## Fifth reaction



End of Preparatory Phase





G3P the most complex functional group (carbonyl) is labeled C-1 vs C-4

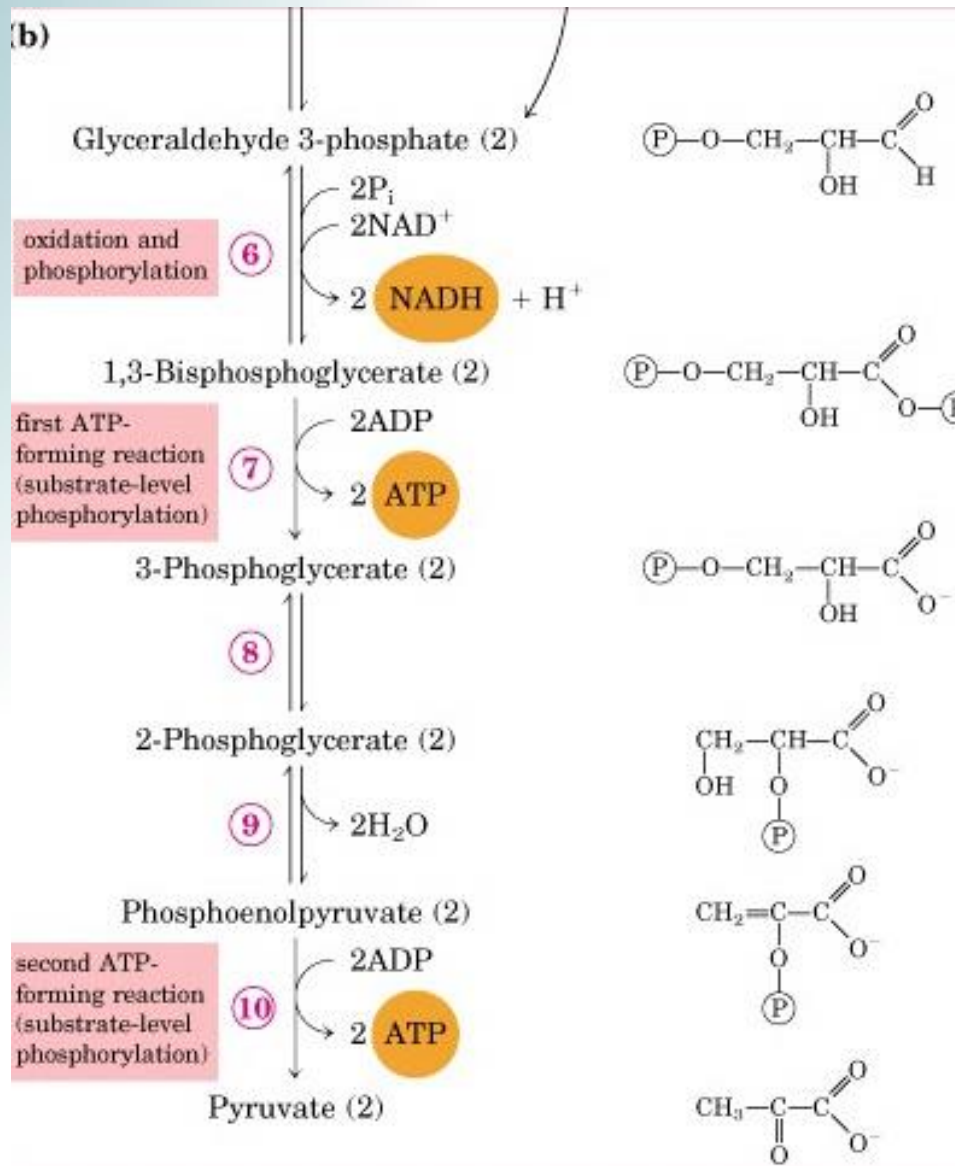
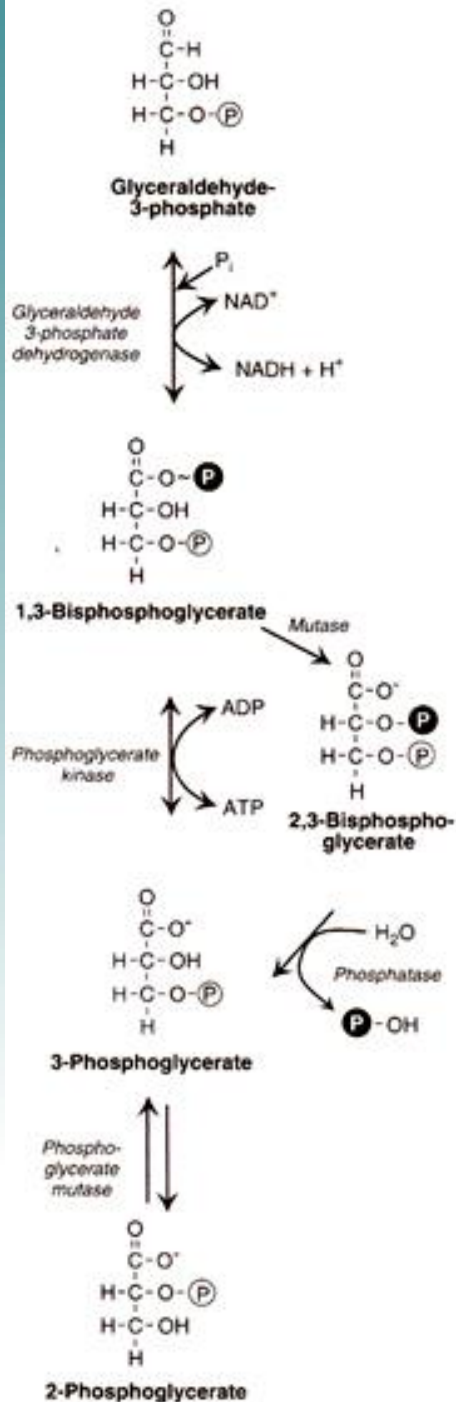
Lets summarize first 5 rx' s

# GLYCOLYSIS

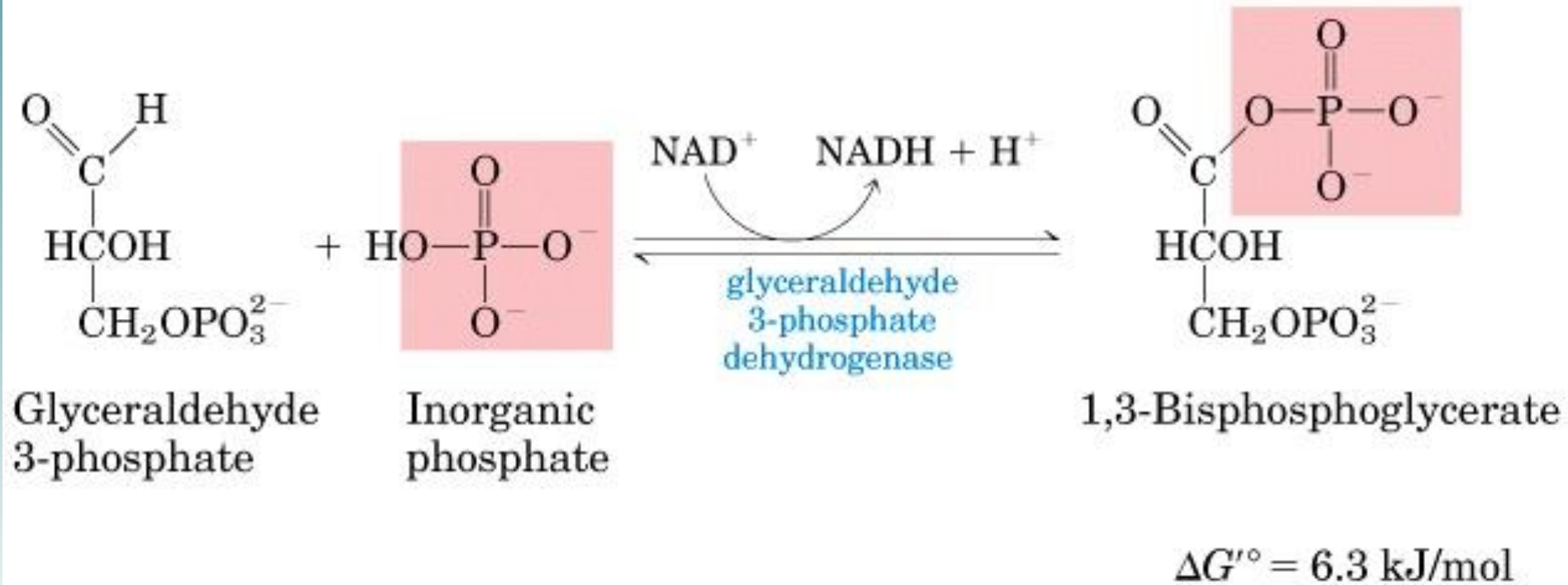
Mostly endergonic reactions

Mostly exergonic reactions

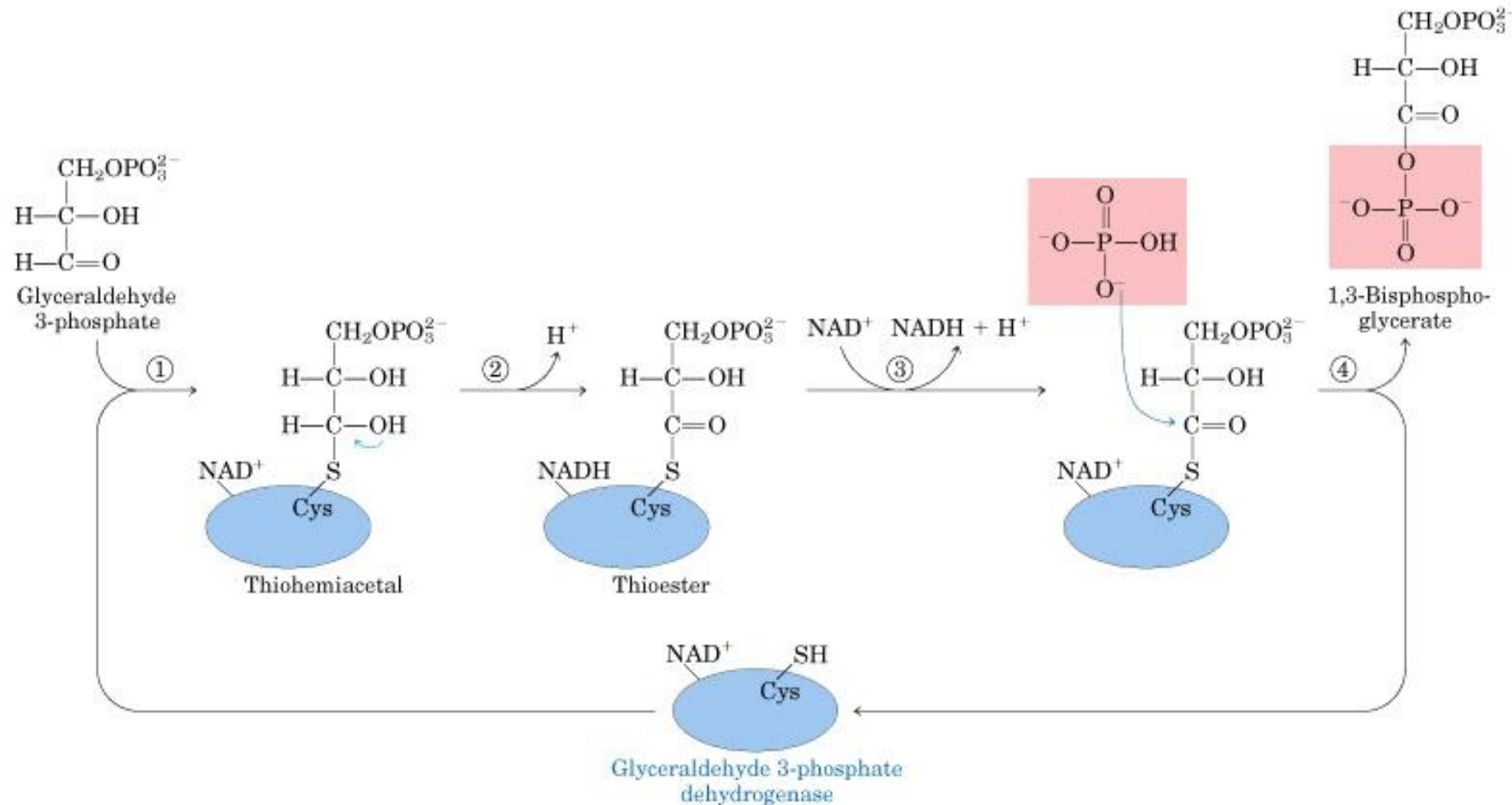
# The payoff phase



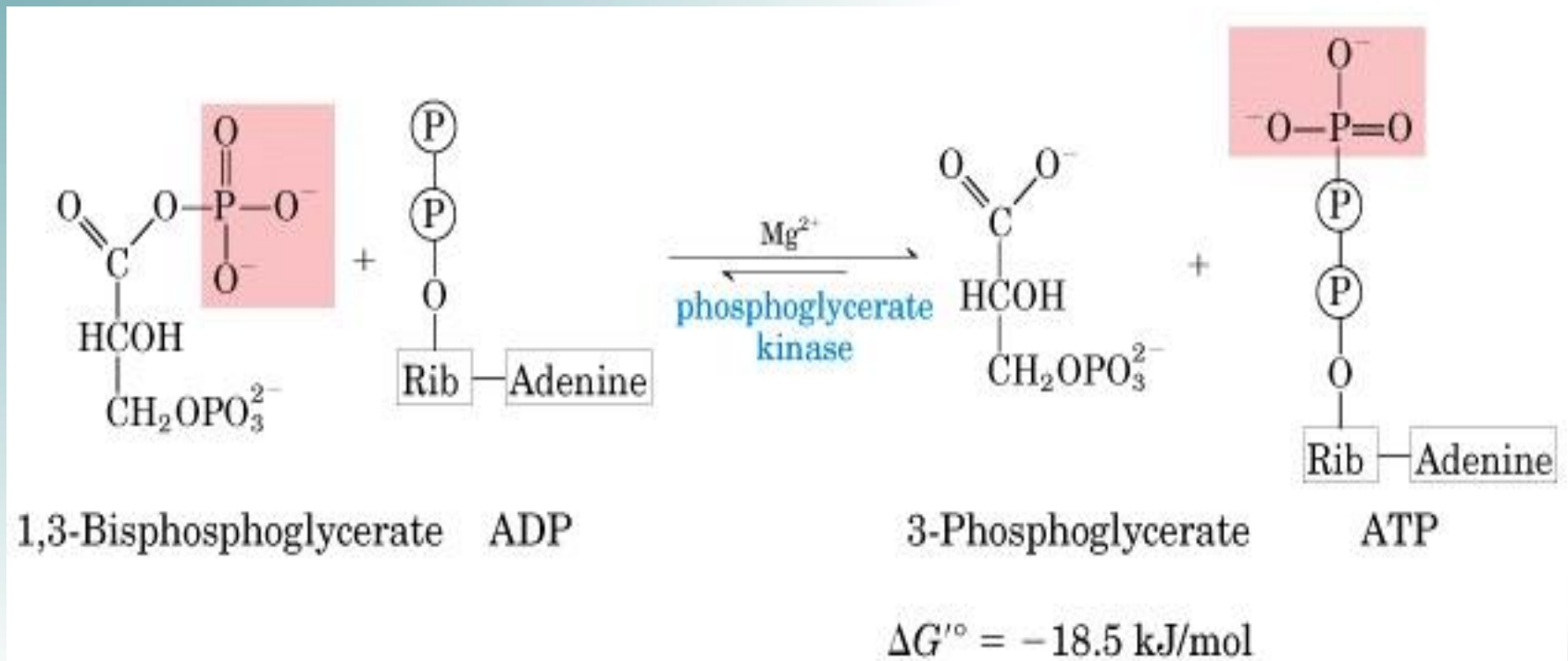
## The Six reaction, first NADH formation



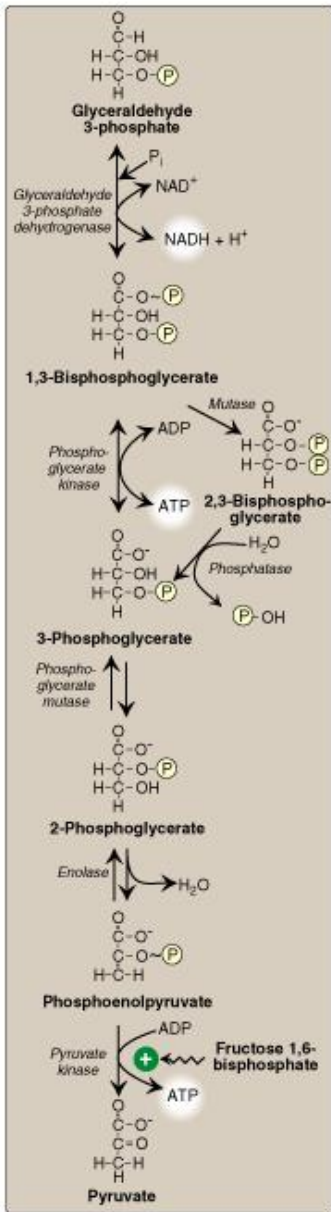
Glycolysis would come to an end for lack of  $\text{NAD}^+$  If  $\text{NADH}$  in this step were not continuously reoxidized.



## Seventh reaction First ATP formed







The formation of 1,3 bisphosphoglycerate is through a substrate level phosphorylation which is coupled directly to the oxidation of the substrate instead of oxidative phosphorylation via the electron transfer chain.



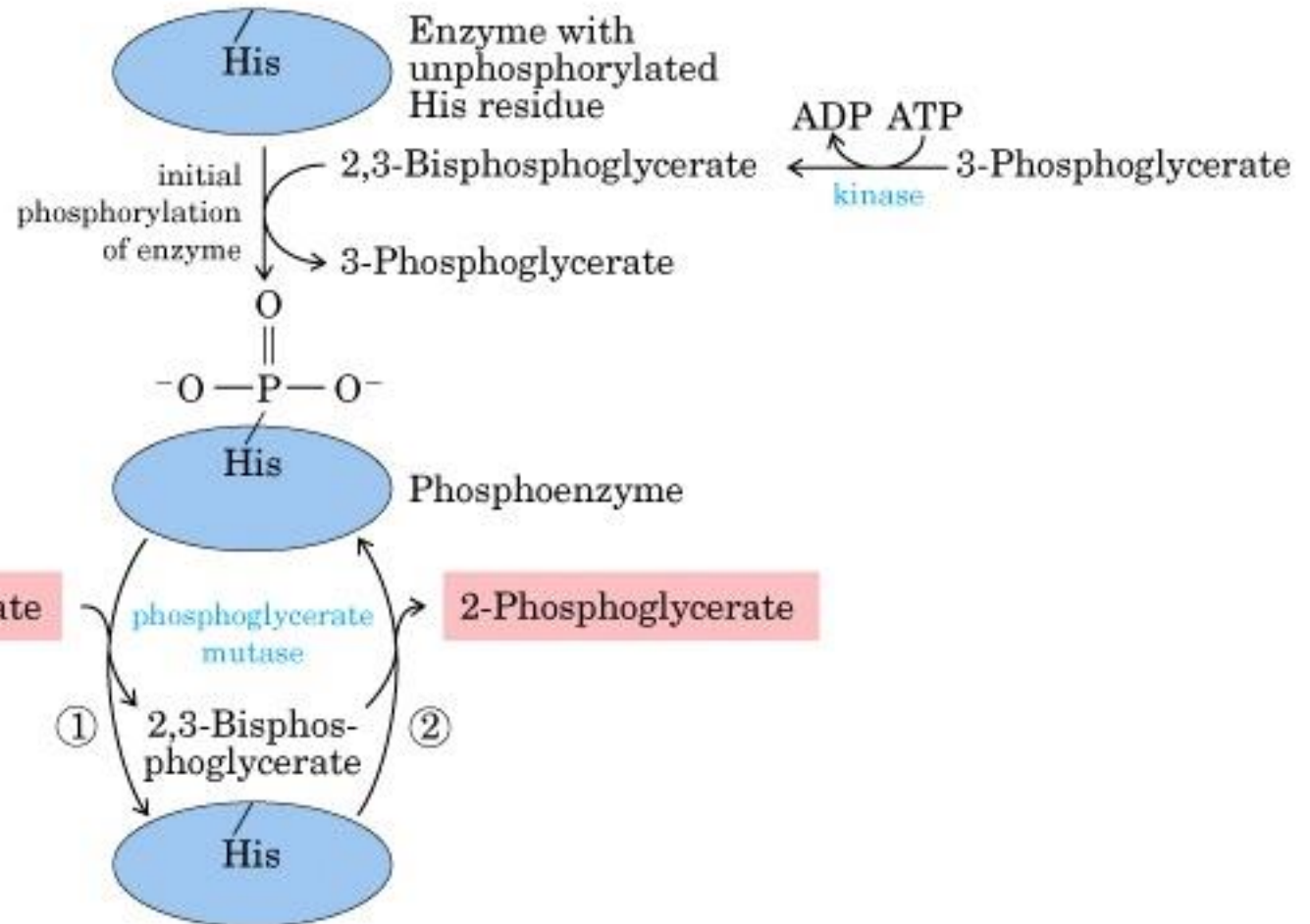
2,3-BPG is found in high concentration in red blood cells and in trace amount in other tissues. These shunt reactions are included in erythrocytes.

Most kinase rxs are irreversible, however, this kinase rx is reversible. Since there are two glyceraldehyde 3-P molecules two ATP molecules are formed (from each glucose molecule) replacing the two ATP molecules consumed in earlier rxs.

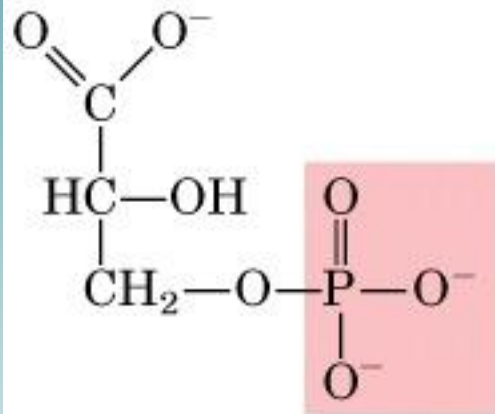
The next step is a shift of phosphate from carbon 3 to carbon 2 of phosphoglycerate.

**Figure 8.18**  
Energy-generating phase:  
conversion of glyceraldehyde  
3-phosphate to pyruvate.

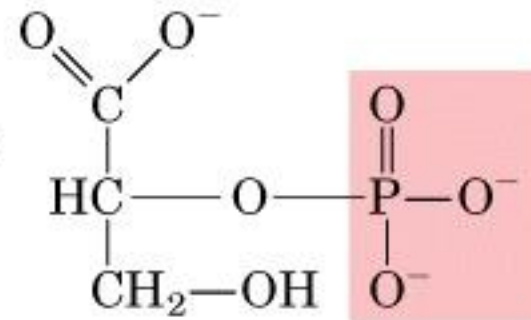
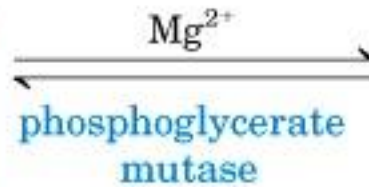
# Mutase needs to be phosphorylated



## Eighth reaction shift in phosphate group to C-2



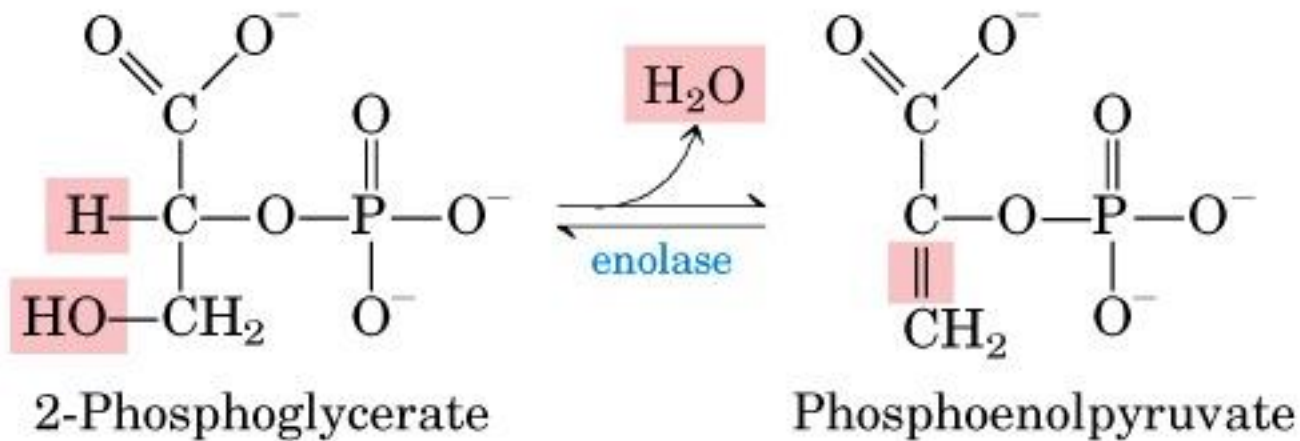
3-Phosphoglycerate



2-Phosphoglycerate

$$\Delta G'^{\circ} = 4.4 \text{ kJ/mol}$$

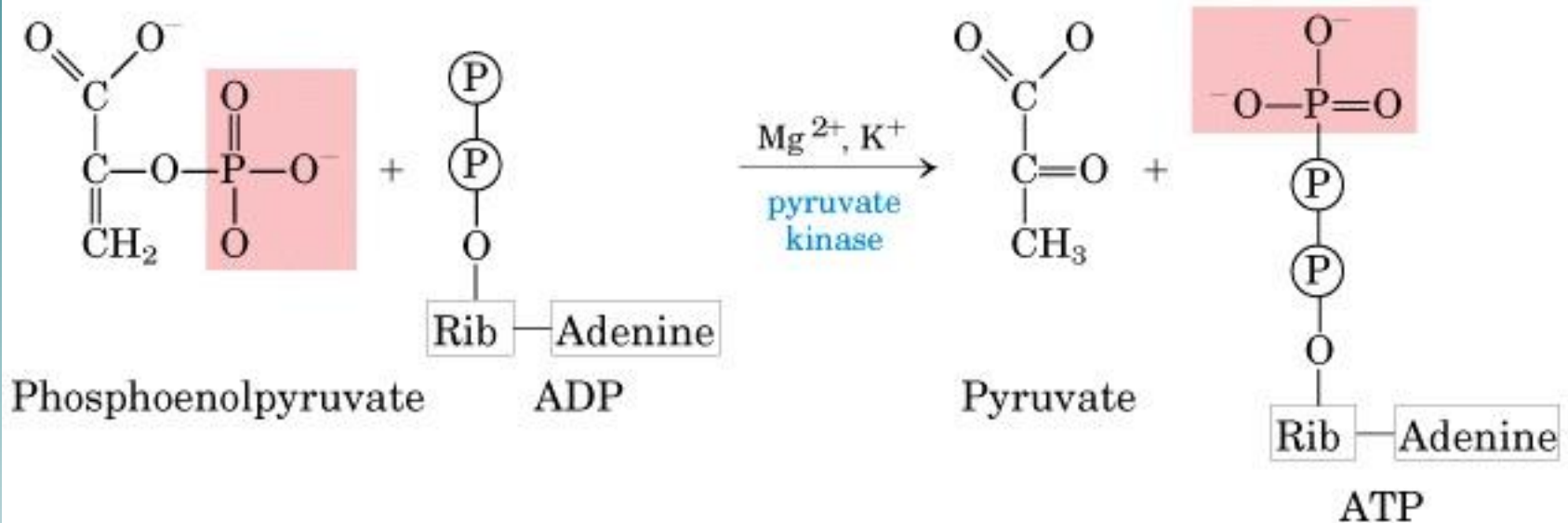
## Ninth reaction



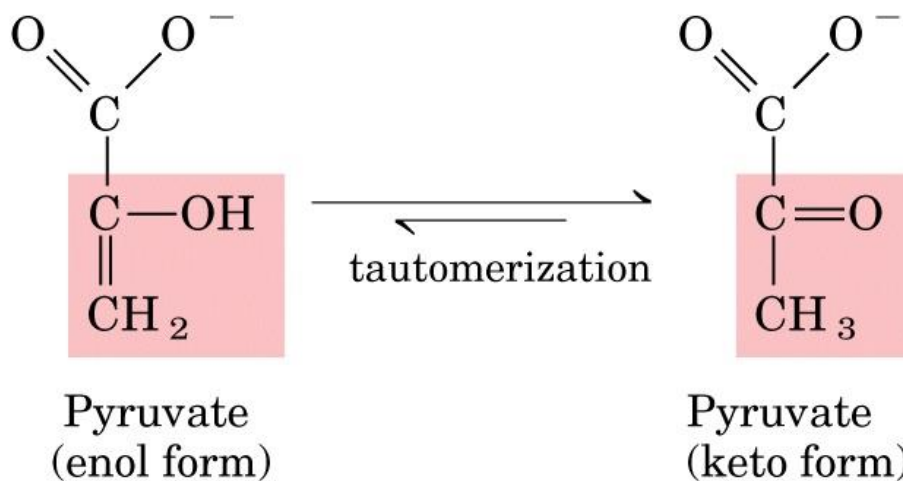
$$\Delta G'^{\circ} = 7.5 \text{ kJ/mol}$$

(PEP)

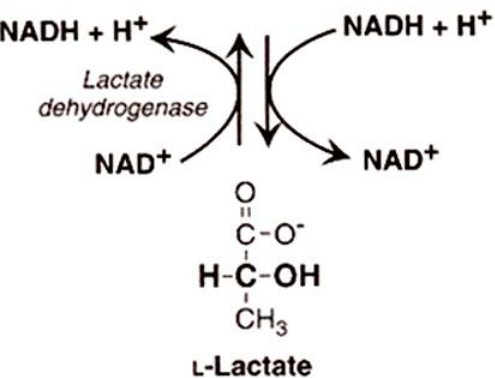
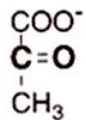
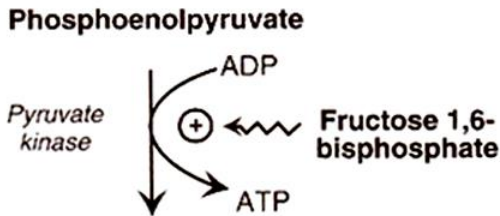
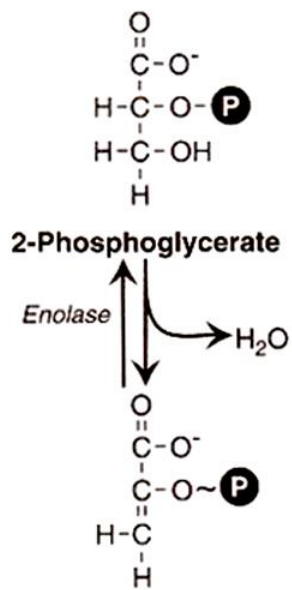
## Tenth and final reaction of the pathway, second ATP



$$\Delta G'^{\circ} = -31.4 \text{ kJ/mol}$$



Third and last irreversible reaction of the pathway. Exergonic phase



## Dehydration to phosphoenolpyruvate (PEP)

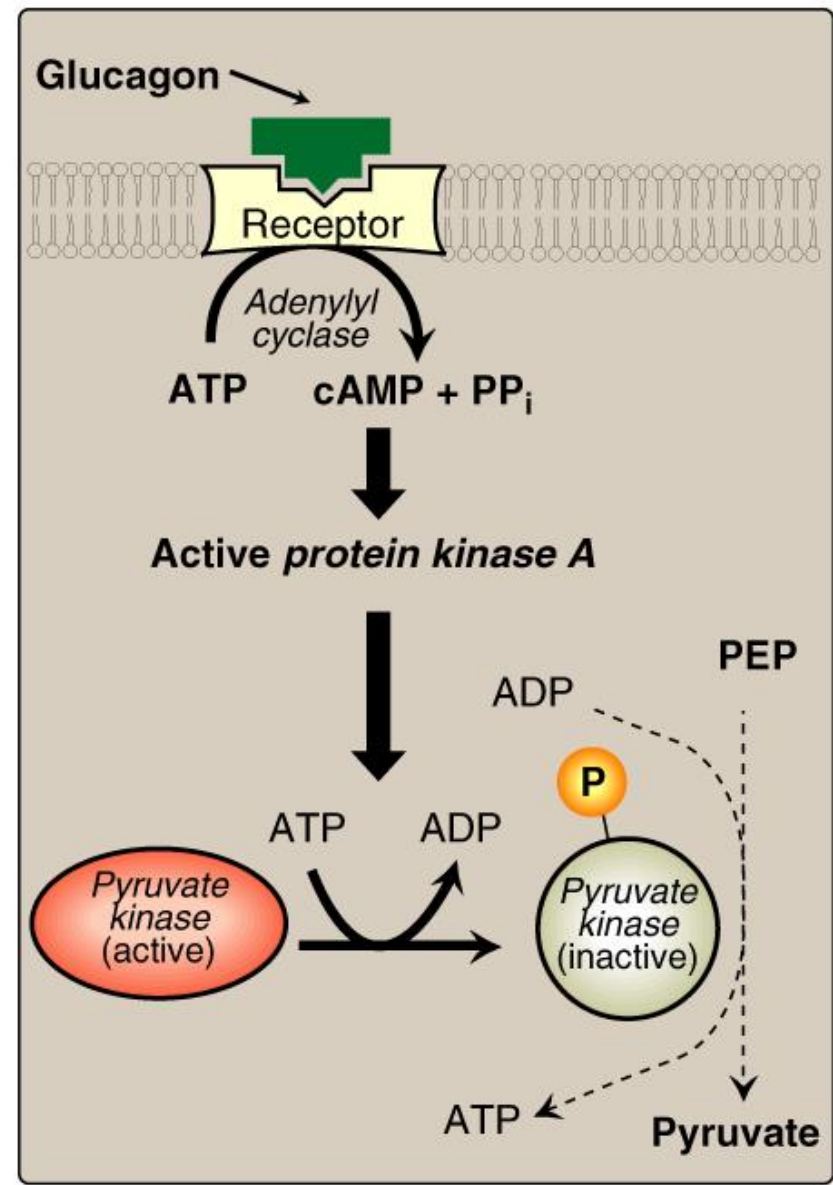
The third irreversible rx of glycolysis the formation of pyruvate by pyruvate kinase (hexokinase and PFK-1) This is the second ATP forming rx of the oxidative stage of glycolysis. (another substrate level phosphorylation. In the liver pyruvate kinase is activated by fructose 1,6-bisphosphate.

Phosphorylation by cAMP-dependent protein kinase A due to increase in glucagon (low blood glucose) lead to inactivation of pyruvate kinase inhibiting glycolysis and inducing gluconogenesis (fig 8.7)

Reduction of pyruvate to lactate mainly occurs in red blood cells, lens and cornea, kidney medulla, testes and leucocytes. Lactate formation in muscle NADH/NAD elevated exceeds the capacity oxid.c



Low levels of Glucose in blood  
Induce the secretion of Glucagon from  
B cells and activate protein Kinase A  
Which (-) PK and stops glycolysis.  
Glycolytic enzyme deficiency due to a  
reduced rate of glycolysis and ATP  
formation in red blood cells 95%  
Show a deficiency in PK second to  
G6PD in hemolytic anemia.



**Figure 8.19**

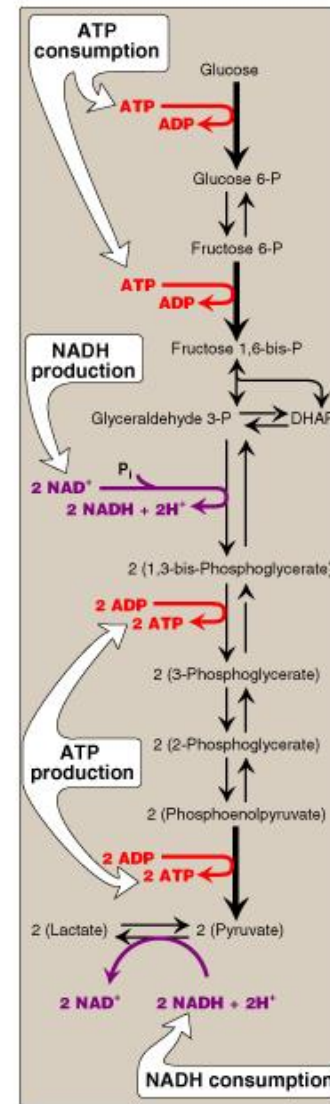
Covalent modification of *pyruvate kinase* results in inactivation of enzyme.

# GLYCOLYSIS

Mostly endergonic reactions

Mostly exergonic reactions

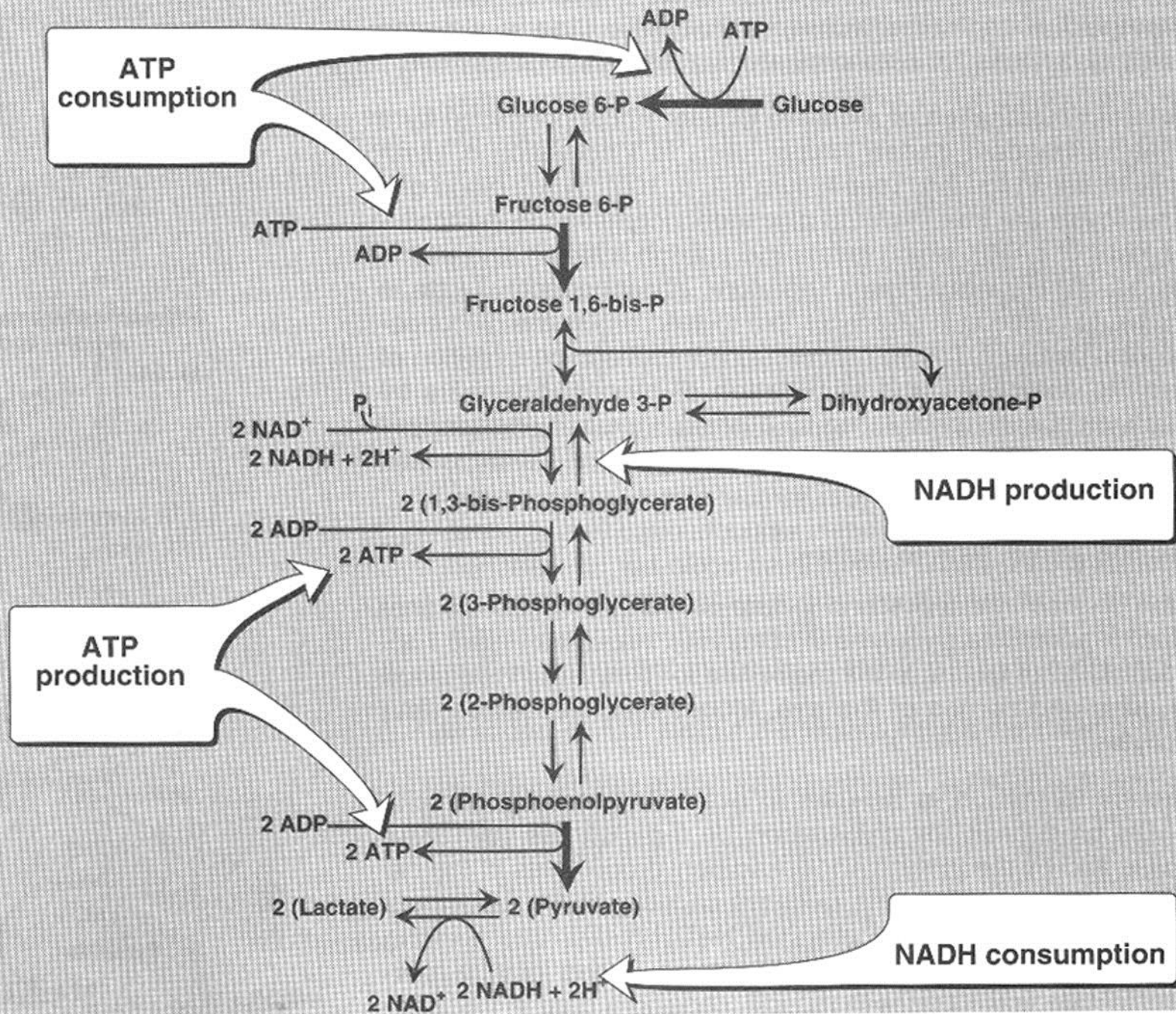
# Summary of Anaerobic Glycolysis



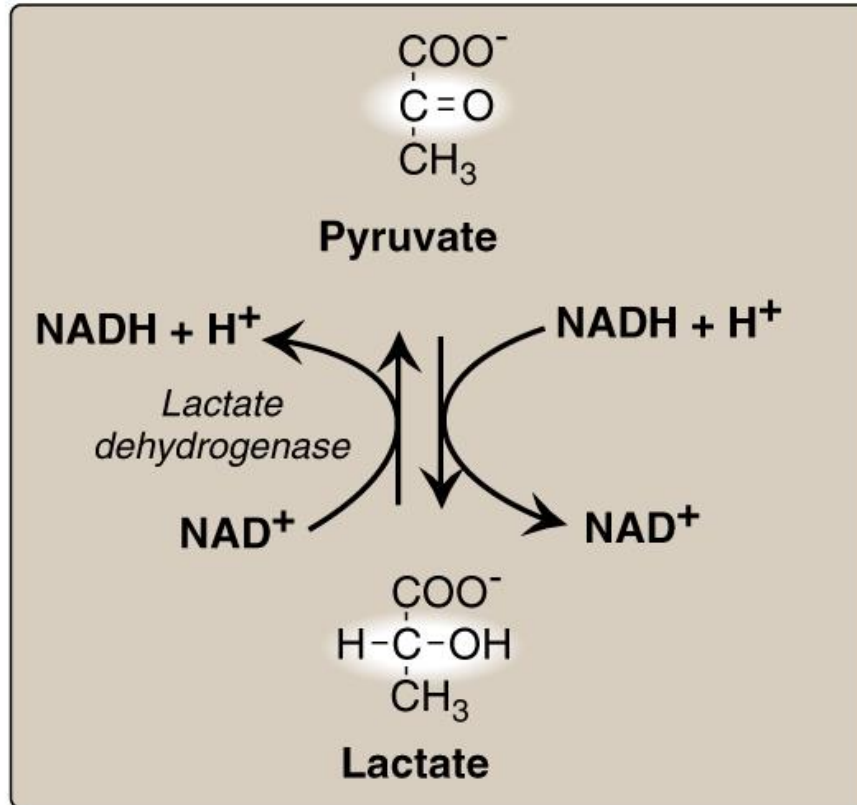
**Figure 8.22**

Summary of anaerobic glycolysis. Reactions involving the production or consumption of ATP or NADH are indicated. The irreversible reactions of glycolysis are shown with thick arrows. DHAP = dihydroxyacetone phosphate.





Summary



**Figure 8.21**  
Interconversion of pyruvate and lactate.

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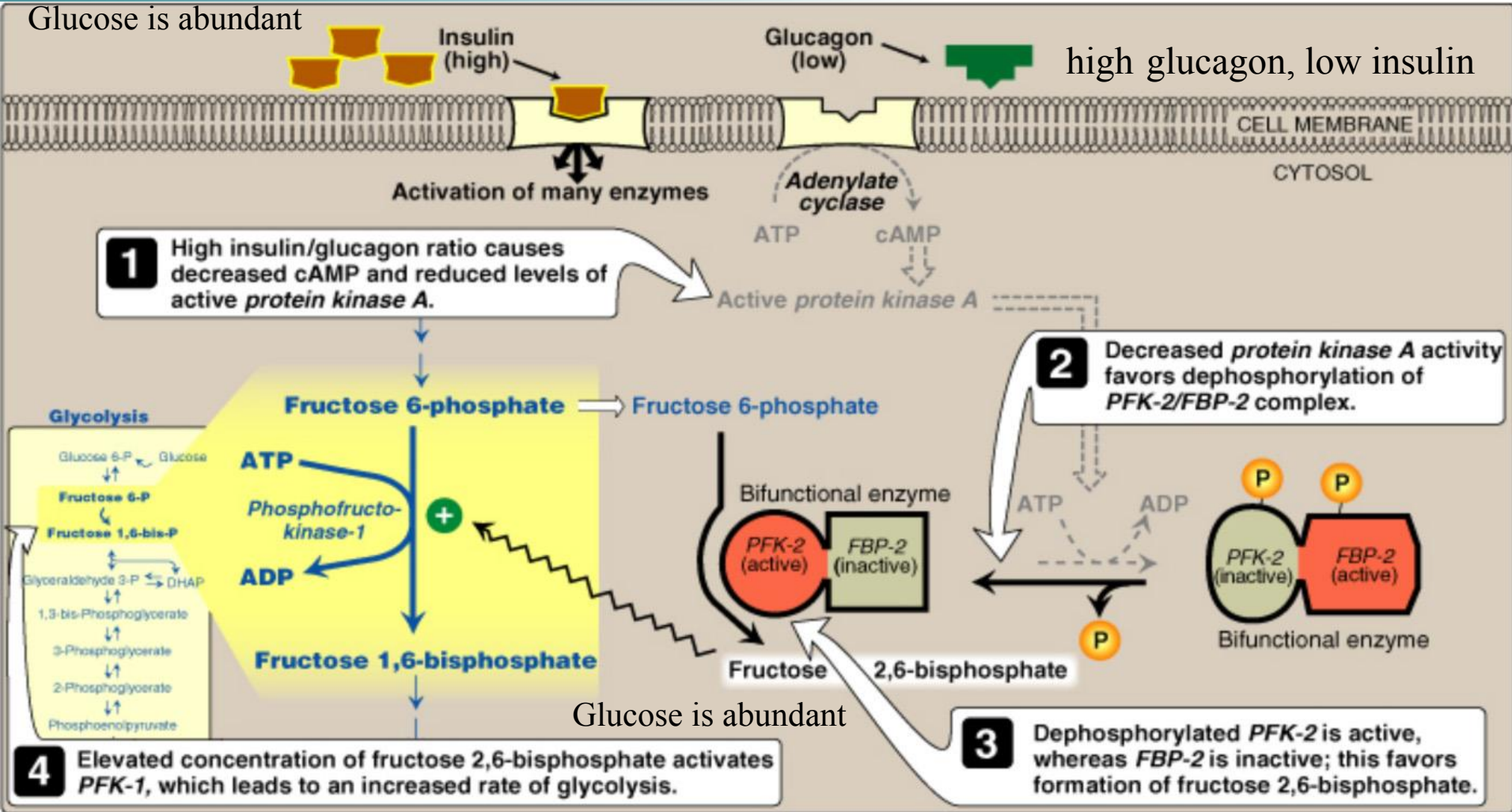


# Well fed state

Glucose is abundant

# During starvation,

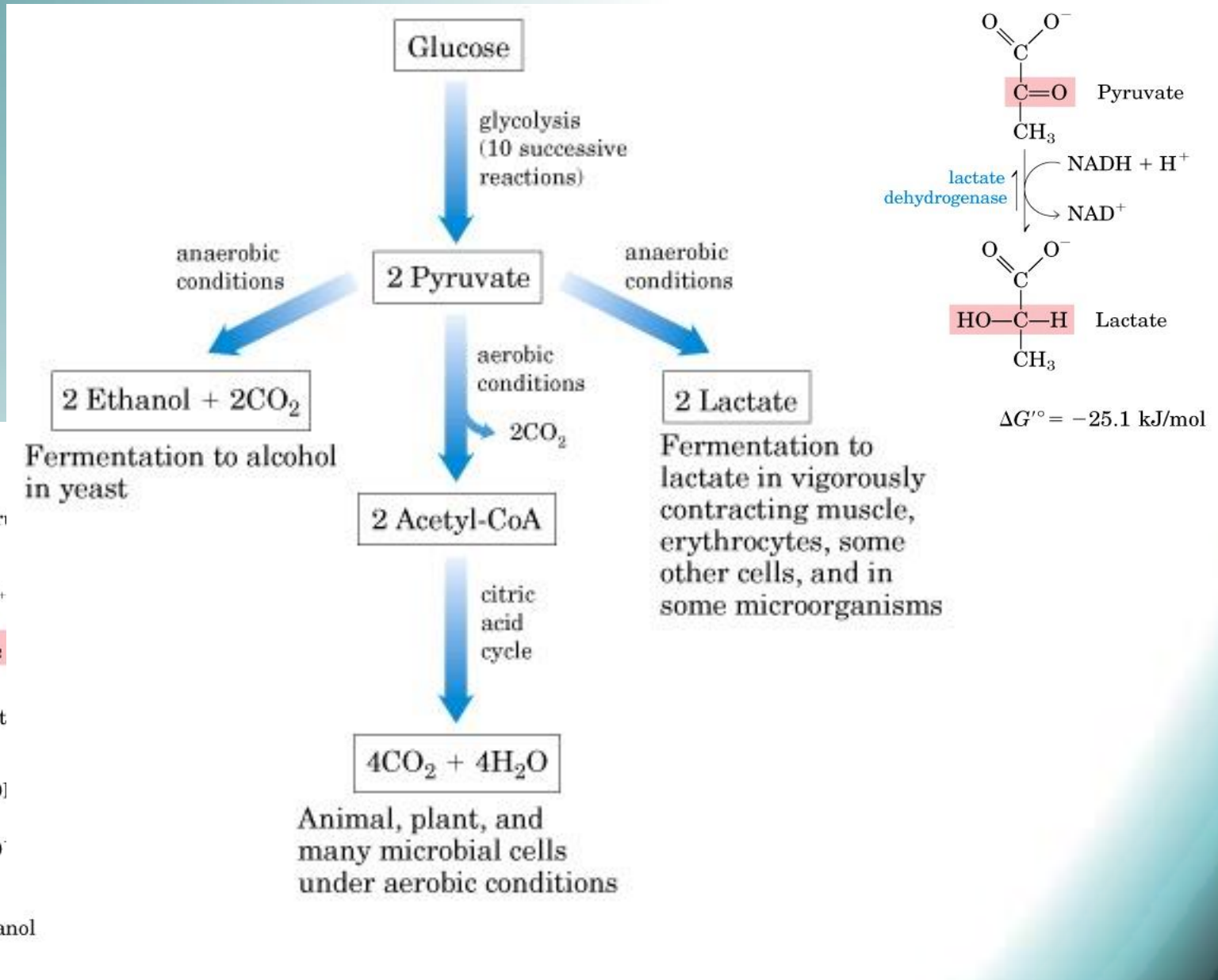
high glucagon, low insulin



Fructose 2,6-bisphosphate is converted back to fructose 6-P by fructose biphosphatase 2 (FBP-2) while fructose 2,6-bisphosphate is formed by phosphofructokinase 2 (PFK-2). The kinase and phosphatase activities are on different domains. Insulin and glucagon actions on the kinases.



# Three possible catabolic fates of pyruvate from glycolysis



# microorganisms

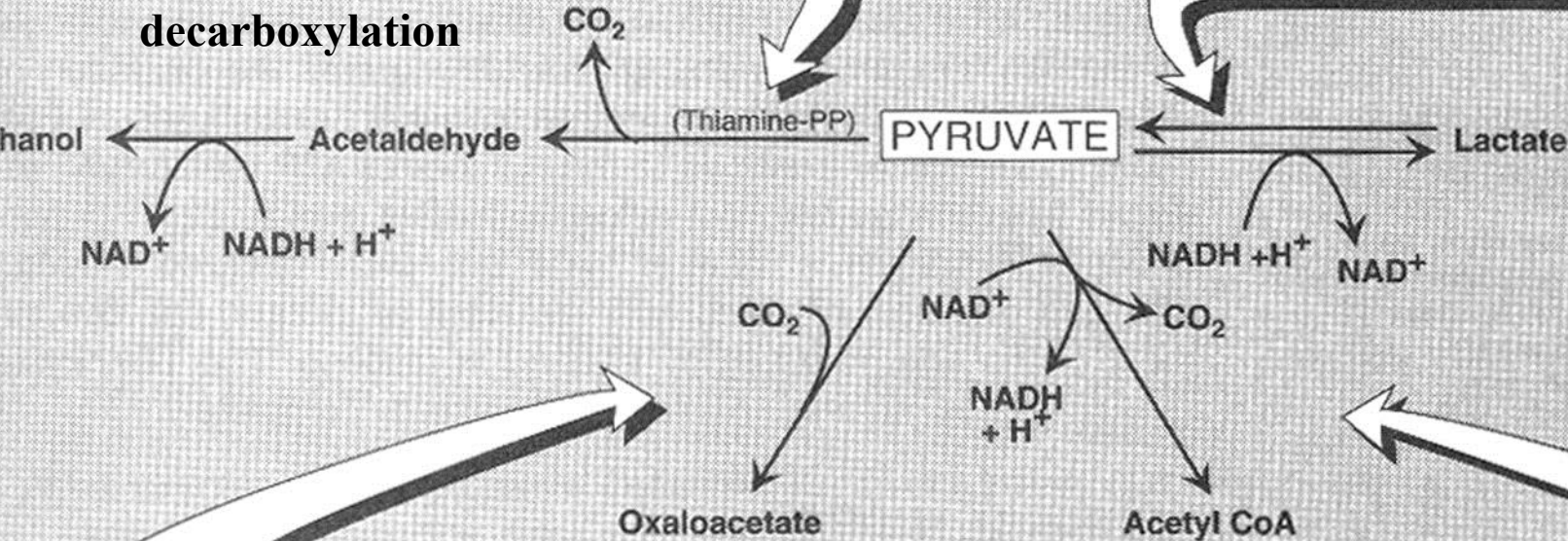
## ETHANOL SYNTHESIS

- Occurs in yeast and some bacteria (including intestinal flora).
- Thiamine pyrophosphate-dependent pathway.
- Located in the cytosol.

## LACTATE DEHYDROGENASE

- Important in RBC, WBC (and other cells with few or no mitochondria) and in skeletal muscle during intense exercise.
- Physiologically reversible in tissues with a low  $NADH/NAD^+$ , for example, liver and heart muscle.
- Located in the cytosol.

## decarboxylation



## PYRUVATE CARBOXYLASE

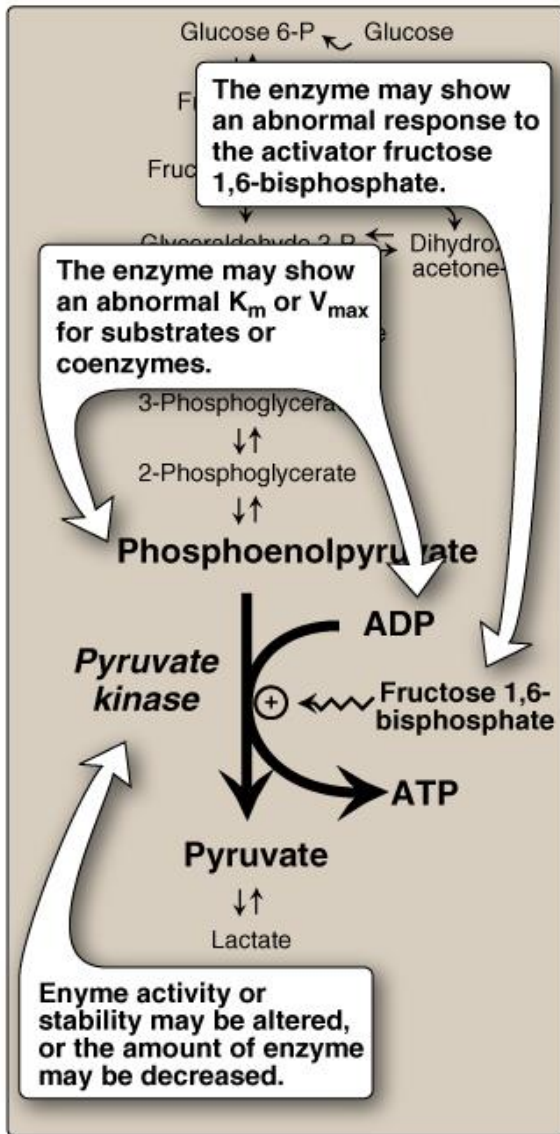
- Biotin serves as prosthetic group.
- Activated by acetyl CoA.
- Replenishes intermediates of the TCA cycle.
- Provides substrates for gluconeogenesis.
- An irreversible reaction.
- Located in mitochondria.

## PYRUVATE DEHYDROGENASE COMPLEX

- Thiamine-PP, lipoic acid, FAD,  $NAD^+$  and CoA serve as coenzymes.
- Source of acetyl CoA for TCA and fatty acid synthesis.
- An irreversible reaction.
- Located in mitochondria.

Carboxylation, substrate for gluconeogenesis

Oxidative decarboxylation



**Figure 8.20**

Alterations observed with various mutant forms of pyruvate kinase.

How many ATP's are formed from anaerobic and aerobic glycolysis? Each NADH=3ATP

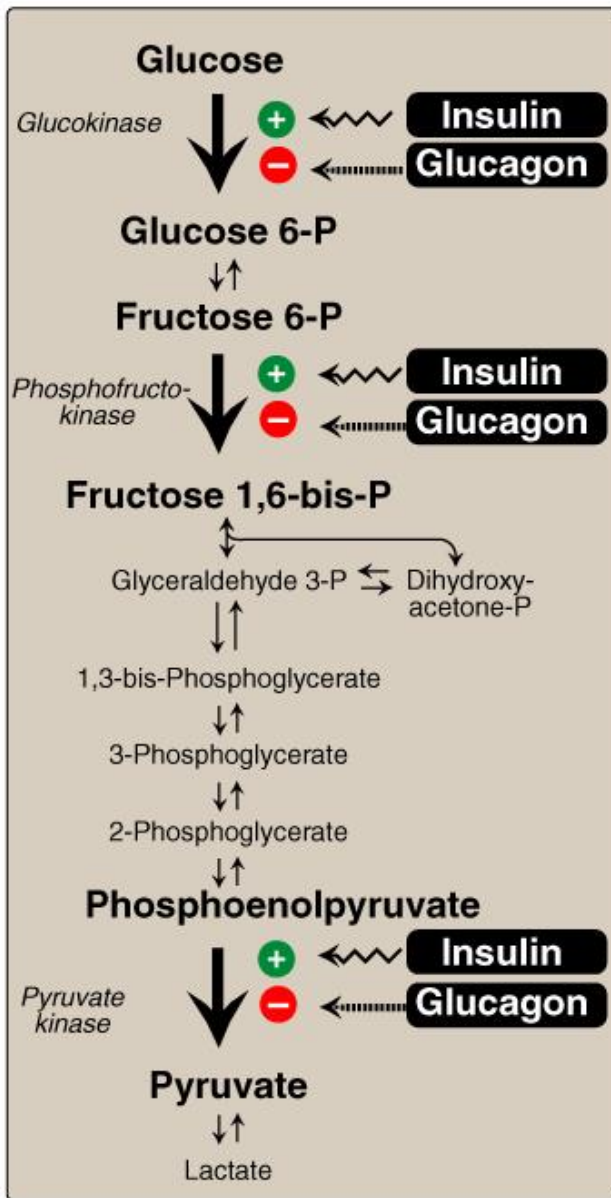
Patients with defects in glycolytic enzymes 95% show a defect in pyruvate kinase (PK) and about 4% in glucose phosphate isomerase. They exhibit hemolytic anemia due to erythrocyte destruction.

# Meal rich in carbohydrates or administration of insulin

## Starvation or diabetes

These effects are due to increase or decrease in transcription of specific genes. These effects can result in 10-20 fold increases in enzyme activity

Rate limiting step enzymes in gluconeogenesis, glucagon activates transcription of PEP carboxykinase, fructose 6-phosphatase, glucose 6-phosphatase (old Lipp page 102)



**Figure 8.23**

Effect of insulin and glucagon on the synthesis of key enzymes of glycolysis in liver.



Fructose 6-phosphate

Glycolysis

ATP

PFK-1

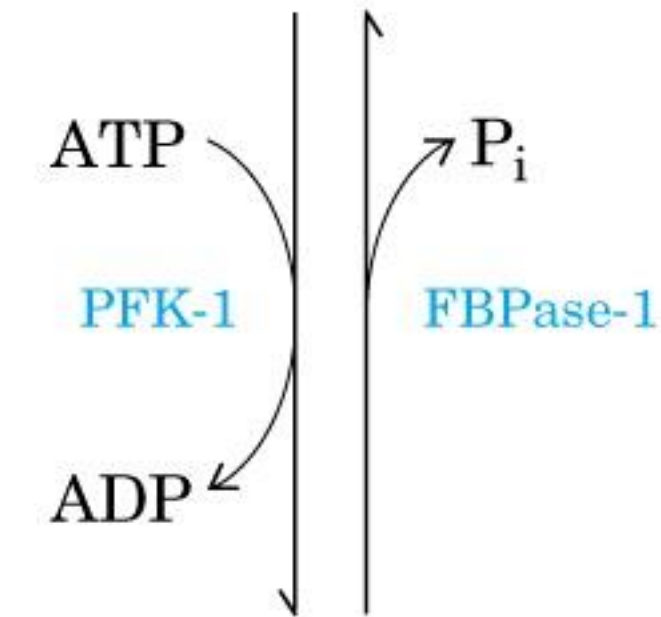
ADP

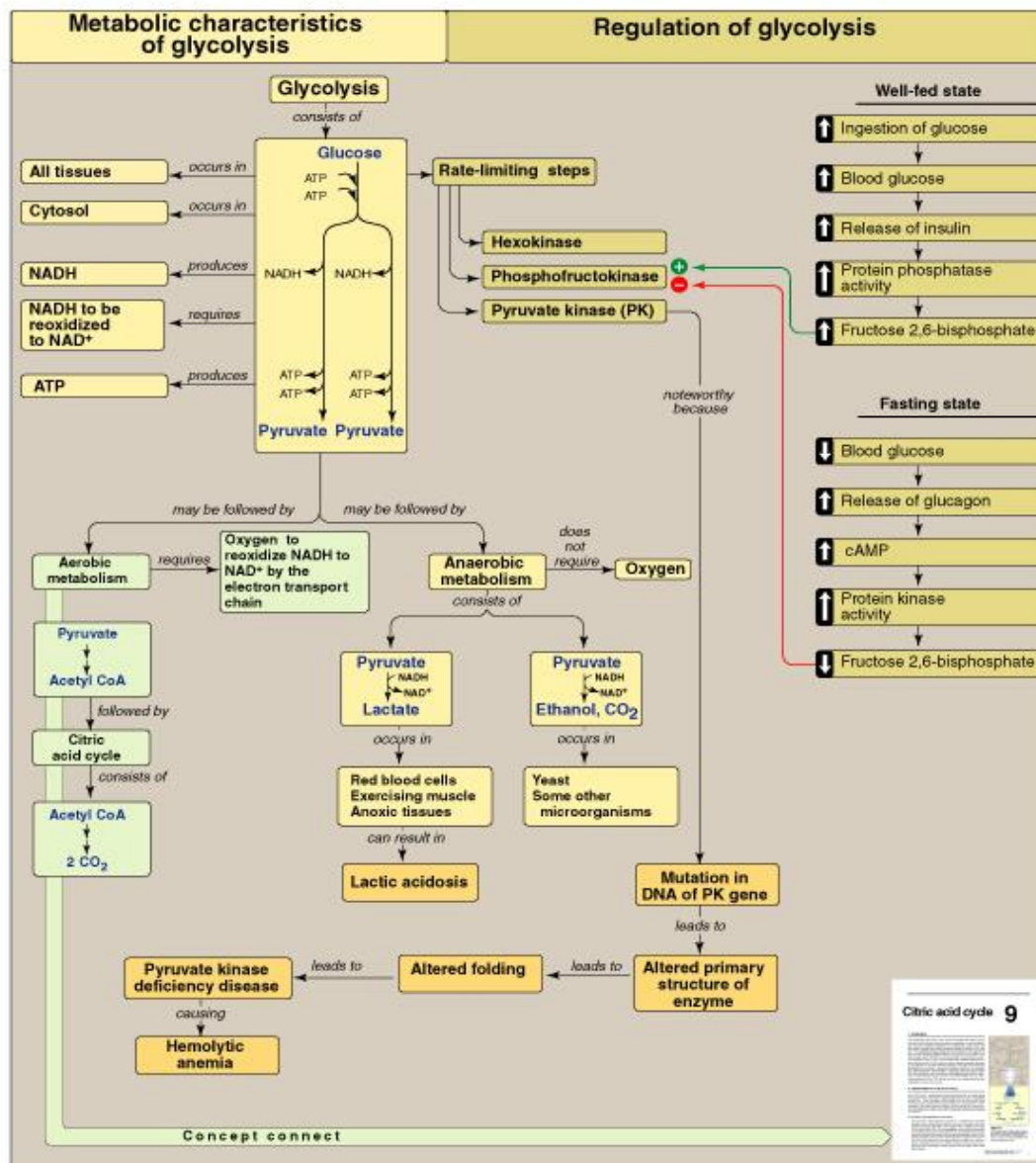
Gluconeogenesis

$P_i$

FBPase-1

Fructose 1,6-bisphosphate





**Figure 8.25**  
Key concept map for glycolysis.



table 15-2

### Cytosolic Concentrations of Enzymes and Intermediates of the Glycolytic Pathway in Skeletal Muscle

Enzyme	Concentration ( $\mu\text{M}$ )	Intermediate	Concentration ( $\mu\text{M}$ )
Aldolase	810	Glucose 6-phosphate	3,900
Triose phosphate isomerase	220	Fructose 6-phosphate	1,500
Glyceraldehyde 3-phosphate dehydrogenase	1,400	Fructose 1,6-bisphosphate	80
Phosphoglycerate kinase	130	Dihydroxyacetone phosphate	160
Phosphoglycerate mutase	240	Glyceraldehyde 3-phosphate	80
Enolase	540	1,3-Bisphosphoglycerate	50
Pyruvate kinase	170	3-Phosphoglycerate	200
Lactate dehydrogenase	300	2-Phosphoglycerate	20
Phosphoglucomutase	32	Phosphoenolpyruvate	65
		Pyruvate	380
		Lactate	3,700
		ATP	8,000
		ADP	600
		$\text{P}_i$	8,000
		$\text{NAD}^+$	540
		NADH	50

**Source:** From Srivastava, D.K. & Bernhard, S.A. (1987) Biophysical chemistry of metabolic reaction sequences in concentrated solution and in the cell. *Annu. Rev. Biophys. Biophys. Chem.* **16**, 175-204.

## How well have you learned?

When a muscle is stimulated to contract aerobically, less lactic acid is formed than when it contracts anaerobically because:

a.glycolysis does not occur to a significant extent under aerobic conditions.

b.muscle is metabolically less active under aerobic than anaerobic conditions.

c.the lactic acid generated is rapidly incorporated into lipids under aerobic conditions.

d.under aerobic conditions in muscle, the major energy-yielding pathway is the pentose phosphate pathway which does not produce lactate.

e.under aerobic conditions most of the pyruvate generated as a result of glycolysis is oxidized by the citric acid cycle rather than reduced to lactate.

The steps of glycolysis between glyceraldehyde 3-phosphate and 3 phosphoglycerate involve all of the following except:

- a. ATP synthesis.
- b. catalysis by phosphoglycerate kinase
- c. oxidation of NADH to NAD<sup>+</sup>
- d. the formation of 1,3-bisphosphoglycerate
- e. utilization of Pi.

Glycolysis in the erythrocyte produces pyruvate that is further metabolized to:

- a. CO<sub>2</sub>
- b. Ethanol
- c. Glucose
- d. Hemoglobin
- e. lactate